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|  |  |  |  |  |  |  | 6 |  |  |  |  |  |  | 7 |  |  |  |  |  |
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|  |  |  |  | 12 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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|  | 13 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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|  |  |  | 14 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

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| **Across**  **2.** One more time  **4.** Crest  **7.** International Okinawan Goju Ryu Karate-do Federation  **8.** Parallel stance  **10.** Cat foot stance  **11.** Block  **12.** Tiger mouth block  **13.** Triple block  **14.** Middle level short punch | **Down**  **1.** Upper cut  **3.** Triple punch  **5.** Middle level pulling block  **6.** Punch  **9.** Knee kick |