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8th Grade Health Taden Overton

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| **Across****3.** communication strategies that can help you say no when you are urged to take part in behaviors that are unsafe and are unhealthy **5.** the things you aim for that take planning and work**10.** a deep-seated sense of meaning and purpose in life.**14.** related risks that increase in effect with each added risk**17.** the process of ending conflict through talking **18.** the skill of helping you reduce stress**21.** influence others to make healthy decisions **22.** is the sum of your surroundings **23.** all the traits that were biologically passed on to you from your parents **24.** people of the same age who share similar interests **26.** the step of making you make a healthy decision **27.** differences in health outcomes among groups **28.** the intentional use of unfriendly or offensive behavior **29.** actions that can potentially threaten your health or the health of others**30.** a nationwide health promotion and disease prevention  | **Down****1.** a persons capacity to learn about and understand basic healthinformation**2.** providing accurate health information and teaching health skills to help people make healthy decision **4.** the exchange of thoughts, feelings, and beliefs between two or more people **6.** various methods for communicating information**7.** a deliberate decision to avoid high risks behaviors, including sexual activity**8.** the combination of physical, mental/emotional, and social well-being**9.** ability to understand or imagine or how some else feels**11.** the personal habit or behaviors related to the way a person lives**12.** an overall state of well being or total health **13.** the collective beliefs, customs, and behaviors of a group**15.** an ongoing condition or illness **16.** radio, television, and the internet **19.** positive health behaviors**20.** the reaction of the body to everyday challenge**25.** how much you value or care or respect yourself |