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Abnormal Psychology

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| **Across****1.** \_\_ therapy- gradually exposing the person to the real anxiety-producing situations until the anxiety decreases**3.** Anxiety about being in places or situations from which escape might be difficult or embarrassing if a panic attack happens **7.** About \_\_ of people will develop at least one mental disorder in their lifetime.**12.** Disabling condition that results from personally experiencing an event that involves actual or threatened death or serious injury from witnessing or hearing of such an event**13.** \_\_ 5 describes a uniform system for assessing specific symptoms and matching them to mental disorders**14.** \_\_ disorders- recurring, multiple, and significant bodily symptoms that have no physical causes**16.** Characterized by excessive or unrealistic worry about everything**17.** irrational beliefs that have no basis in reality**18.** \_\_ involves placing electrodes on the skull and administering mild electric current through the brain**19.** Presence of two or more distinct identities or personalities is dissociative \_\_ disorder**20.** The social norms approach says that behavior is considered \_\_ if it deviates greatly from accepted social standards **21.** Those that suffer from antisocial personality disorder disregard the rights of others without \_\_\_**22.** OCD, avoidant, borderline, antisocial, and schizotypal are all \_\_ disorders | **Down****2.** Intense or irrational fear that is out of proportion to the possible danger of the object or situation**4.** \_\_ is a serious mental disorder that lasts for at least six months and may include delusions, hallucinations, disorganized speech and behavior, and decreased emotional expression**5.** A \_\_ diagnosis is the process of matching an individual's symptoms to a particular mental disorder**6.** Instability in personal relationships, self-image, and emotions is \_\_ personality disorder.**8.** characterized by little or no emotional responsiveness when an emotional reaction would be expected**9.** Cognitive-\_\_ therapy involves changing negative thoughts by substituting positive ones and limiting disruptive behaviors**10.** \_\_ disorder is marked by fluctuations between depression and mania**11.** Dissociative \_\_ is characterized by inability to recall important personal information or events and is usually associated with stressful or traumatic events**15.** \_\_ disorder is characterized by being chronically but not continually depressed for a period of two years |