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Abnormal Psychology

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| **Across**  **1.** \_\_ therapy- gradually exposing the person to the real anxiety-producing situations until the anxiety decreases  **3.** Anxiety about being in places or situations from which escape might be difficult or embarrassing if a panic attack happens  **7.** About \_\_ of people will develop at least one mental disorder in their lifetime.  **12.** Disabling condition that results from personally experiencing an event that involves actual or threatened death or serious injury from witnessing or hearing of such an event  **13.** \_\_ 5 describes a uniform system for assessing specific symptoms and matching them to mental disorders  **14.** \_\_ disorders- recurring, multiple, and significant bodily symptoms that have no physical causes  **16.** Characterized by excessive or unrealistic worry about everything  **17.** irrational beliefs that have no basis in reality  **18.** \_\_ involves placing electrodes on the skull and administering mild electric current through the brain  **19.** Presence of two or more distinct identities or personalities is dissociative \_\_ disorder  **20.** The social norms approach says that behavior is considered \_\_ if it deviates greatly from accepted social standards  **21.** Those that suffer from antisocial personality disorder disregard the rights of others without \_\_\_  **22.** OCD, avoidant, borderline, antisocial, and schizotypal are all \_\_ disorders | **Down**  **2.** Intense or irrational fear that is out of proportion to the possible danger of the object or situation  **4.** \_\_ is a serious mental disorder that lasts for at least six months and may include delusions, hallucinations, disorganized speech and behavior, and decreased emotional expression  **5.** A \_\_ diagnosis is the process of matching an individual's symptoms to a particular mental disorder  **6.** Instability in personal relationships, self-image, and emotions is \_\_ personality disorder.  **8.** characterized by little or no emotional responsiveness when an emotional reaction would be expected  **9.** Cognitive-\_\_ therapy involves changing negative thoughts by substituting positive ones and limiting disruptive behaviors  **10.** \_\_ disorder is marked by fluctuations between depression and mania  **11.** Dissociative \_\_ is characterized by inability to recall important personal information or events and is usually associated with stressful or traumatic events  **15.** \_\_ disorder is characterized by being chronically but not continually depressed for a period of two years |