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Abnormal Psychology Terms

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| **Across**  **5.** a widely used system for classifying psychological disorders  **8.** false sensory experience  **9.** fear or avoidance of situations where one has felt loss of control and panic  **11.** haunting memories, nightmares, social withdraw, jumpy anxiety, numbness of feeling and/or insomnia that lingers for 4+ weeks after a traumatic experience  **12.** false beliefs  **14.** concept that diseases have physical causes that can be diagnosed, treated, and in most cases cured, through treatment in hospital  **16.** a person alternates between depression and mania  **17.** anxiety disorder marked by unpredictable, minutes-long episodes of intense dread in which a person experiences terror and accompanying chest pain, choking, or other frightening sensations  **18.** anxiety disorder in which a person is continually tense, apprehensive, and in a state of autonomic nervous system arousal  **19.** delusions, hallucinations, disorganized speech, and/or diminished or inappropriate emotional expression  **20.** psychological disorder characterized by emotional extremes  **21.** psychological disorders characterized by distressing, persistent anxiety or maladaptive behaviors that reduce anxiety | **Down**  **1.** symptoms take a somatic form without apparent physical cause  **2.** intense fear of social situations leading to avoidance of such  **3.** positivepsychological changes as a result of struggling with extremely challenging circumstances  **4.** persistant, irrational fear and avoidance of a specific object, activity, or situation  **6.** compulsive fretting  **7.** a syndrome marked by a clinically significant disturbance in an individuals cognition, emotion, regulation, or behavior  **10.** unwanted repetitive thoughts and/or actions  **13.** a psychological disorder displaying one or more symptoms of extreme inattention, hyperactivity, and impulsivity  **15.** mood disorder characterized by a hyperactive, wildly optimistic state |