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Abnormal Psychology Terms

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| **Across****5.** a widely used system for classifying psychological disorders**8.** false sensory experience**9.** fear or avoidance of situations where one has felt loss of control and panic**11.** haunting memories, nightmares, social withdraw, jumpy anxiety, numbness of feeling and/or insomnia that lingers for 4+ weeks after a traumatic experience**12.** false beliefs**14.** concept that diseases have physical causes that can be diagnosed, treated, and in most cases cured, through treatment in hospital**16.** a person alternates between depression and mania**17.** anxiety disorder marked by unpredictable, minutes-long episodes of intense dread in which a person experiences terror and accompanying chest pain, choking, or other frightening sensations**18.** anxiety disorder in which a person is continually tense, apprehensive, and in a state of autonomic nervous system arousal**19.** delusions, hallucinations, disorganized speech, and/or diminished or inappropriate emotional expression**20.** psychological disorder characterized by emotional extremes**21.** psychological disorders characterized by distressing, persistent anxiety or maladaptive behaviors that reduce anxiety | **Down****1.** symptoms take a somatic form without apparent physical cause**2.** intense fear of social situations leading to avoidance of such**3.** positivepsychological changes as a result of struggling with extremely challenging circumstances **4.** persistant, irrational fear and avoidance of a specific object, activity, or situation**6.** compulsive fretting**7.** a syndrome marked by a clinically significant disturbance in an individuals cognition, emotion, regulation, or behavior**10.** unwanted repetitive thoughts and/or actions**13.** a psychological disorder displaying one or more symptoms of extreme inattention, hyperactivity, and impulsivity**15.** mood disorder characterized by a hyperactive, wildly optimistic state |