Anatomical Positions and Directions

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|  |  |  |  | 2  P | R | O | X | I | M | A | L |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  | G |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  | H |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  | 3  A | N | T | E | R | I | O | R |  |  |  |  |  |  |
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|  |  |  |  |  |  |  |  |  |  | 4  M |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  | 5  L | A | T | E | R | A | L |  |  |  |  |  |  |
|  |  |  |  |  | 6  S |  |  |  |  | D |  |  |  |  |  |  |  |  |  |
|  |  |  |  | 7  S | U | P | E | R | F | I | C | 8  I | A | L |  |  |  |  |  |
|  |  |  |  |  | P |  |  |  |  | A |  | N |  |  |  |  |  |  |  |
|  |  |  |  | 9  D | E | E | P |  |  | 10  L | E | F | T |  |  |  |  |  |  |
|  |  |  |  |  | R |  |  |  |  |  |  | E |  |  |  |  |  |  |  |
|  |  |  |  |  | I |  |  |  |  | 11  D |  | R |  |  |  |  |  |  |  |
|  |  |  |  |  | O |  | 12  P | O | S | I | T | I | O | N |  |  |  |  |  |
|  |  |  |  |  | R |  |  |  |  | S |  | O |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  | 13  P | O | S | T | E | R | I | O | R |  |  |  |  |
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| **Across**  **2.** describes 2 points on the same limb, closer to where it inserts  **3.** front of body (ventral)  **5.** any point further from the midline of the body  **7.** closer to the surface  **9.** further into the body cavities  **10.** left side of the person in anatomical position  **12.** standing upright, feet together, arms at sides, palms forward STANDARD  **13.** back of body (dorsal) | **Down**  **1.** right side of the person in anatomical position  **4.** any point closer to the midline of the body  **6.** above, or towards the head  **8.** below, or towards the feet  **11.** describe 2 points on the same limb, further away from where it inserts |