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| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

Anxiety Disorders

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| **Across****1.** feelings of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**9.** one of the solutions to help cope with anxiety. two words, starts with the letters D and B**11.** apprehension, dread or uneasiness similar to fear but based on an unclear threat**15.** when you are fearful and nervous when away from home. two words**16.** type of symptom. starts with the letter F | **Down****2.** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ by almost everything, especially going out alone**3.** cause of panic disorder. two words, starts with letters M and S**4.**  when you fear something embarrassing will happen if you are in an unfamiliar situation**5.** one of my everyday symptoms. 2 words, starts with the letters H and P**6.** feeling outside of yourself**7.** type of anxiety where you are in a chronic state of tension**8.** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ sensations, numbness or weakness in the body**10.** type of anxiety, fear of situations which they can be observed, evaluated or embarrassed**12.** one of my everyday symptoms. starts with the letter S**13.** left \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and uncomfortable**14.** symptom of generalized anxiety disorder. starts with the letter L |