|  |  |
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| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

Anxiety Disorders

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|  | 1U |  N |  R |  E |  A |  L |  I |  T |  Y |  |  | 2T |  |  | 3M |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  | 4A |  |  R |  |  |  A |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  G |  |  I |  |  |  J |  |  |  | 5H |
|  |  |  |  |  |  |  |  | 6D |  |  O |  |  G |  |  |  O |  |  |  |  E |
|  |  | 7G |  |  |  |  |  |  E |  |  R |  |  G |  |  |  R |  |  |  |  A |
| 8T |  |  E |  |  |  |  |  |  P |  |  A |  |  E |  |  |  S |  |  |  |  R |
|  I |  |  N |  |  |  |  | 9D |  E |  E |  P |  B |  R |  E |  A |  T |  H |  S |  |  T |
|  N |  |  E |  |  |  |  |  |  R |  |  H |  |  E |  |  |  R |  |  |  |  P |
|  G |  |  R |  |  |  |  |  |  S |  |  O |  |  D |  |  |  E |  |  |  |  A |
|  L |  |  A |  | 10S |  |  |  |  O |  |  B |  |  |  |  |  S |  |  |  |  L |
|  I |  |  L |  |  O |  |  | 11A |  N |  X |  I |  E |  T |  Y |  |  S |  |  |  |  P |
|  N |  |  I |  |  C |  | 12S |  |  A |  |  A |  |  |  |  |  |  |  |  |  I |
|  G |  |  Z |  |  I |  |  H |  |  L |  |  |  | 13U |  |  | 14L |  |  |  |  T |
|  | 15S |  E |  P |  A |  R |  A |  T |  I |  O |  N |  A |  N |  X |  I |  E |  T |  Y |  |  A |
|  |  |  D |  |  L |  |  K |  |  Z |  |  |  |  H |  |  |  T |  |  |  |  T |
|  |  |  |  |  |  |  I |  |  A |  |  |  |  A |  |  |  H |  |  |  |  I |
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| 16F |  A |  T |  I |  G |  U |  E |  |  I |  |  |  |  P |  |  |  R |  |  |  |  N |
|  |  |  |  |  |  |  S |  |  O |  |  |  |  Y |  |  |  G |  |  |  |  S |
|  |  |  |  |  |  |  S |  |  N |  |  |  |  |  |  |  Y |  |  |  |  |

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| **Across****1.** feelings of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**9.** one of the solutions to help cope with anxiety. two words, starts with the letters D and B**11.** apprehension, dread or uneasiness similar to fear but based on an unclear threat**15.** when you are fearful and nervous when away from home. two words**16.** type of symptom. starts with the letter F | **Down****2.** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ by almost everything, especially going out alone**3.** cause of panic disorder. two words, starts with letters M and S**4.**  when you fear something embarrassing will happen if you are in an unfamiliar situation**5.** one of my everyday symptoms. 2 words, starts with the letters H and P**6.** feeling outside of yourself**7.** type of anxiety where you are in a chronic state of tension**8.** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ sensations, numbness or weakness in the body**10.** type of anxiety, fear of situations which they can be observed, evaluated or embarrassed**12.** one of my everyday symptoms. starts with the letter S**13.** left \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and uncomfortable**14.** symptom of generalized anxiety disorder. starts with the letter L |