|  |  |
| --- | --- |
| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

Blood Pressure

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| T | E | A | S | T | R | O | K | E | D | A | F | N | O | L | C | C | J | I | R | I | Y | D | X |
| J | O | O | F | O | Q | W | P | E | E | R | U | S | S | E | R | P | Y | J | I | T | I | N | I |
| W | X | P | L | B | K | N | T | S | E | Y | I | N | L | O | R | E | T | S | E | L | O | H | C |
| P | A | K | D | I | A | A | J | Y | Y | N | X | L | N | X | H | S | Y | S | T | O | L | I | C |
| N | J | I | F | R | V | R | N | O | V | M | M | C | K | H | S | S | S | F | K | D | L | G | J |
| R | O | D | R | E | L | A | P | N | E | A | P | D | U | G | N | T | O | I | O | I | T | C | Q |
| Q | W | O | L | R | M | G | M | U | E | D | K | T | O | A | H | I | U | M | T | E | T | Z | U |
| P | W | E | T | O | E | E | P | A | A | I | Y | A | O | D | R | U | O | T | P | T | V | E | N |
| V | H | W | J | M | A | N | E | E | K | Z | A | I | Q | M | V | R | Q | M | D | S | O | X | O |
| S | O | F | L | U | S | E | C | N | A | T | S | I | S | E | R | F | Q | O | E | A | W | D | I |
| K | K | T | Z | T | U | H | H | U | U | N | L | C | T | T | T | D | T | X | X | F | V | B | S |
| Z | N | P | U | X | R | D | O | O | L | B | O | K | Z | T | U | V | O | L | J | G | G | L | N |
| J | H | H | V | D | E | N | P | A | L | S | L | V | U | Y | S | E | Y | C | G | D | C | J | E |
| E | A | R | K | J | M | O | F | Z | I | K | H | U | B | R | R | G | E | R | T | M | C | G | T |
| V | L | Q | T | Y | E | I | L | I | F | K | X | T | X | I | S | E | H | X | W | O | U | D | R |
| L | L | R | C | Y | N | T | X | P | E | Y | I | W | I | Q | I | T | T | Q | S | N | R | I | E |
| K | A | G | H | H | T | A | R | A | S | H | M | D | H | M | B | A | A | R | V | D | U | A | P |
| Z | N | Q | A | T | U | C | O | T | T | B | G | M | N | F | N | B | R | X | A | K | R | S | Y |
| P | E | N | N | L | B | I | F | I | Y | O | L | W | N | E | K | L | I | L | R | Z | I | T | H |
| G | R | A | G | A | G | D | P | U | L | J | V | F | C | G | Y | E | P | W | T | O | P | O | H |
| V | D | X | E | E | N | E | C | Q | E | M | V | C | R | U | F | S | D | D | U | M | Q | L | R |
| L | A | A | S | H | V | M | D | W | I | O | L | Y | C | S | D | I | O | R | Y | H | T | I | R |
| J | Q | U | U | D | I | I | I | V | O | X | G | D | E | T | E | C | T | I | O | N | H | C | X |
| A | Z | R | E | A | D | I | N | G | S | V | K | I | D | N | X | J | R | L | A | P | N | K | U |

   stroke       fruits       vegetables       diet       doctor       lifestyle       changes       detection       symptom       resistance       narrow       measurement       tumor       adrenal       thyroid       apnea       kidney       readings       elevated       artery       diastolic       systolic       healthy       cholesterol       medication       blood       hypertension       Pressure