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Brayden Gerberich - PE Crossword Puzzle

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| **Across**  **2.** or also called genes that are traits passed down to you from your parents  **5.** muscle that pumps blood to the rest of your body  **6.** your shoulder muscle that helps you lift your arm  **8.** muscle in your leg that helps you stand on your toes  **9.** type of muscles that do their job without you having to do anything  **10.** your stomach muscles that help you sit up | **Down**  **1.** type of muscle attached to your bones that work when you tell them to  **3.** type of muscle that keeps your heart beating for you  **4.** is how much of your body is made of fat and muscles  **7.** a smooth muscle that controls your breathing |