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| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_ | Period: \_\_\_\_\_\_\_ |

Bread, Cereal, Rice, And Pasta

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| **Across**  **4.** increasing in volume  **6.** elastic substance formed from the protein in flour when the flour is mixed with water  **7.** cereals that require cooking before serving  **9.** grain products made from a special durum wheat which is high in gluten and adds protein to the diet  **10.** cereals cooked and ready for the table  **11.** substance used to make food light in weight or force food to rise by producing gas  **12.** bread that doesn't need rising or kneading | **Down**  **1.** grain or seed from corn, wheat, rice, oats, etc.  **2.** oats that are cut into two or three pieces instead of being rolled  **3.** a substance produced by the body which also can be found in foods  **5.** thickening or soft gel which forms when starches are cooked  **8.** common name for grains |