|  |  |
| --- | --- |
| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

CORRECT KEYBOARDING TECHNIQUE

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| B | G | U | P | R | A | C | T | I | C | E | Y | V | F | F | C | X | Y | Z | R | G | N | O | V |
| R | G | G | Y | C | V | T | G | B | T | E | C | H | N | I | Q | U | E | A | F | H | R | N | U |
| X | P | U | S | G | X | V | K | P | I | Y | J | X | X | I | P | M | N | F | V | T | O | V | T |
| P | K | C | E | T | C | E | R | R | O | C | T | Y | H | I | T | A | P | R | K | J | D | H | M |
| E | N | Y | Y | W | G | J | S | K | B | S | T | R | I | K | E | K | L | M | P | M | H | V | P |
| N | E | M | E | D | T | M | B | T | E | M | Q | F | D | C | D | Z | M | F | Y | D | U | B | U |
| T | W | O | R | E | M | O | H | R | R | Y | U | B | E | A | T | D | B | K | Z | R | Y | G | V |
| E | K | I | V | E | J | B | W | L | R | A | B | H | Z | E | M | A | C | C | U | R | A | C | Y |
| R | E | X | O | S | S | T | P | S | L | N | I | O | T | W | T | F | U | M | K | D | Q | A | K |
| U | O | X | S | T | X | P | X | G | Z | T | I | G | A | X | W | V | B | F | S | V | W | O | W |
| Q | V | S | C | R | J | B | E | E | I | X | E | H | H | R | F | X | X | N | B | C | K | F | E |
| V | D | N | T | E | O | G | Z | W | U | S | G | E | W | T | D | R | Y | U | F | O | L | T | F |
| U | E | E | O | T | L | T | E | S | P | A | C | E | B | A | R | H | S | G | N | I | C | Q | F |
| W | O | Y | E | M | E | L | I | L | O | R | F | B | O | B | N | I | L | B | G | G | U | L | E |
| P | X | A | T | P | R | U | E | N | D | T | S | C | X | G | N | B | I | Z | Z | E | R | D | C |
| I | M | W | O | L | S | M | M | N | O | R | S | P | D | E | K | F | S | W | H | J | V | J | T |
| T | R | K | P | W | K | W | O | H | T | M | T | W | S | P | I | C | X | W | I | L | E | L | I |
| E | F | Y | U | M | O | E | S | S | M | R | A | S | K | N | B | X | A | B | O | H | D | L | V |
| N | P | L | C | F | C | W | T | H | N | H | E | Q | G | W | U | J | S | B | O | B | X | Z | E |
| E | R | Q | B | N | O | V | Y | O | V | P | C | E | E | H | Q | X | C | L | D | P | L | R | N |
| R | W | R | I | S | T | S | W | V | I | C | R | O | A | Y | G | D | R | U | U | H | B | E | E |
| L | K | L | A | H | U | N | N | E | X | S | P | X | P | V | M | N | E | H | F | A | G | M | S |
| P | O | S | T | U | R | E | A | R | R | K | L | A | U | Y | Z | J | E | G | K | E | K | N | S |
| L | B | Q | Y | L | R | W | G | H | I | U | E | X | F | K | E | E | N | K | P | T | F | E | G |

   EXCELLENT       BUSINESS       PRACTICE       TAP       STRIKE       HOVER       CORRECT       STRAIGHT       MONITOR       SCREEN       EFFECTIVENESS       ACCURACY       SPEED       COPY       EYES       POSTURE       FEET       BACK       ARMS       CURVED       ENTER       SPACEBAR       THUMB       FINGERS       WRISTS       ELBOWS       HOMEROW       KEYBOARD       TECHNIQUE