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| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_ | Period: \_\_\_\_\_\_\_ |

Carbohydrates Word Search

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| J | T | O | O | F | E | W | C | A | R | B | S | T | W | H | Y | Q | N | N | X | N | J | E | I |
| G | C | L | S | E | N | I | L | E | D | I | U | G | Y | R | A | T | E | I | D | E | A | N | M |
| Z | Q | V | H | E | F | F | R | L | E | S | O | T | C | A | L | E | D | Y | T | W | V | E | O |
| R | J | F | J | C | D | B | A | Y | E | R | G | E | N | D | U | R | A | N | C | E | Y | R | N |
| N | E | J | I | B | Z | I | H | T | J | X | F | A | T | T | Y | A | C | I | D | H | N | G | O |
| F | U | F | E | V | U | D | R | A | I | P | R | O | C | E | S | S | E | D | T | F | L | Y | S |
| X | A | T | I | W | E | N | E | A | I | G | S | A | G | V | O | Y | Z | L | N | E | L | M | A |
| U | J | C | R | N | T | S | E | C | H | M | U | K | L | S | Q | M | A | W | I | C | A | V | C |
| H | G | A | V | I | E | L | O | K | N | C | E | E | E | O | H | E | U | H | O | H | V | Z | C |
| X | P | R | J | H | E | D | D | C | L | A | C | C | G | T | H | K | O | X | Y | G | E | N | H |
| S | E | B | V | Y | Y | N | I | X | U | X | M | A | Y | L | O | U | P | H | G | V | Z | K | A |
| G | S | O | Z | Y | Q | D | T | Y | W | L | W | R | S | L | Y | S | F | F | O | M | B | A | R |
| S | O | H | Q | Y | H | H | R | V | P | E | G | Q | O | Y | G | C | I | K | D | M | N | E | I |
| B | T | Y | C | A | A | T | X | O | B | U | A | B | E | F | L | O | O | S | W | V | O | S | D |
| R | C | D | Y | R | W | I | L | C | G | F | F | S | L | S | R | O | P | G | I | S | B | O | E |
| A | U | R | O | G | A | K | V | A | R | E | O | C | D | H | Z | E | P | Y | E | E | R | T | S |
| C | R | A | C | Q | E | T | J | H | E | T | N | X | R | Z | G | Q | P | N | H | N | A | C | S |
| W | F | T | F | T | I | B | S | C | L | H | J | J | E | S | O | L | U | L | L | E | C | A | E |
| O | X | E | O | Q | N | X | G | A | B | B | T | W | E | I | G | H | T | G | A | I | N | L | I |
| L | W | N | O | X | A | V | M | Z | X | T | D | O | P | F | M | P | L | B | Y | B | A | A | R |
| U | E | U | W | N | O | K | D | A | B | C | F | U | N | H | E | Y | E | B | P | Z | O | G | O |
| S | F | A | T | U | M | D | O | L | I | G | O | S | A | C | C | H | A | R | I | D | E | S | L |
| R | C | D | I | S | A | C | C | H | A | R | I | D | E | S | P | J | L | W | M | Q | H | I | A |
| J | R | I | G | S | Y | M | J | R | E | S | S | E | N | T | I | A | L | Q | C | G | Z | K | C |

   WEIGHTGAIN       TOOFEWCARBS       STARCH       REFINED       PROCESSED       POLYSACCHARIDES       PERFORMANCE       OXYGEN       OLIGOSACCHARIDES       NUTRIENT       NOTHEALTHY       MONOSACCHARIDES       MALTOSE       LOWCARBS       LACTOSE       KETOSIS       KETONES       HYPOGLYCEMIA       HYDROGEN       HEALTHY       GLYCOGEN       GLUCOSE       GALACTOSE       FUEL       FRUCTOSE       FATTYACID       FATIGUE       FAT       ESSENTIAL       ENERGY       ENDURANCE       DISACCHARIDES       DIETARYGUIDELINES       CELLULOSE       CARBON       CARBOHYDRATE       CALORIES