|  |  |  |
| --- | --- | --- |
| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_ | Period: \_\_\_\_\_\_\_ |

Cardiovascular Disease

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  |  |  |  |  |  |  | 1W |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  E |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  L |  |  |  |  | 2S |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  L |  |  |  |  |  M |  |  |  |  |  |  |  |  |  | 3P |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  N |  |  |  | 4W |  O |  R |  K |  O |  U |  T |  |  |  |  |  H |  |  |  |
|  |  |  |  |  | 5C |  |  |  |  |  |  E |  |  | 6H |  |  K |  |  |  |  |  |  |  | 7D |  |  Y |  |  |  |
|  |  |  |  |  |  A |  |  |  |  | 8I |  S |  C |  H |  E |  M |  I |  C |  | 9H |  |  | 10S |  |  U |  |  S |  |  |  |
|  |  |  |  |  |  R |  |  |  |  |  |  S |  |  |  R |  |  N |  |  |  Y |  |  |  Y |  |  R |  |  I |  |  |  |
|  |  |  |  |  |  D |  |  |  |  |  |  |  |  |  E |  |  G |  |  |  P |  |  |  S |  |  A |  |  C |  |  |  |
|  |  |  |  |  |  I |  |  |  |  |  |  |  | 11H |  D |  L |  |  | 12H |  E |  A |  R |  T |  A |  T |  T |  A |  C |  K |  |
|  |  |  |  |  |  O |  |  |  |  |  |  |  |  |  I |  |  |  |  |  R |  |  |  O |  |  I |  |  L |  |  |  |
|  |  |  |  |  |  V |  |  |  |  |  |  |  |  |  T |  | 13H |  |  |  T |  |  |  L |  |  O |  |  A |  |  |  |
|  |  |  |  |  |  A |  |  | 14E |  | 15P |  R |  E |  H |  Y |  P |  E |  R |  T |  E |  N |  S |  I |  O |  N |  |  C |  |  |  |
|  |  |  |  |  |  S |  |  |  X |  |  |  |  |  |  |  |  A |  |  |  N |  |  |  C |  |  |  |  T |  |  |  |
|  |  |  |  |  |  C |  |  |  E |  |  |  |  |  | 16C |  |  L |  |  |  S |  |  |  |  |  |  |  I |  |  |  |
|  |  |  |  |  |  U |  |  |  R |  |  |  | 17D |  I |  A |  S |  T |  O |  L |  I |  C |  | 18H |  | 19L |  |  V |  |  |  |
|  |  |  |  |  |  L |  |  |  C |  |  |  |  |  |  N |  |  H |  |  |  O |  |  |  E |  |  D |  |  I |  |  |  |
|  |  |  |  |  |  A |  |  |  I |  |  |  |  |  |  C |  |  |  |  | 20N |  O |  R |  M |  A |  L |  |  T |  |  |  |
|  |  |  |  |  |  R |  |  |  S |  |  |  |  |  |  E |  |  |  |  |  |  |  |  O |  |  |  |  Y |  |  |  |
|  |  |  |  |  |  D |  | 21S |  E |  D |  E |  N |  T |  A |  R |  Y |  |  |  |  | 22S |  T |  R |  O |  K |  E |  |  |  |  |
|  |  |  |  |  |  I |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  R |  |  |  |  |  |  |  |
|  |  |  |  |  |  S |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  H |  | 23S |  |  |  |  |  |
|  |  |  |  |  |  E |  |  |  |  |  |  |  |  |  | 24T |  Y |  P |  E |  2 |  D |  I |  A |  B |  E |  T |  E |  S |  |  |
|  |  |  |  |  |  A |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  G |  |  L |  |  |  |  |  |
|  |  |  |  |  |  S |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  I |  |  F |  |  |  |  |  |
|  |  | 25T |  Y |  P |  E |  1 |  D |  I |  A |  B |  E |  T |  E |  S |  |  |  |  |  |  |  |  C |  |  T |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  A |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  L |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  K |  |  |  |  |  |

|  |  |
| --- | --- |
| **Across****4.** Peak of an exercise plan, most intense**8.** Stroke caused by blockage in a blood vessel**11.** “Good” Cholesterol**12.** Coronary artery is completely blocked**15.** Blood pressure range 120-129 or 80-89**17.** Pressure when the heart is relaxing **20.** Blood pressure range Below 120 and Below 80**21.** Inactive Lifestyle**22.** Blocked blood supply to a part of the brain**24.** This type of diabetes is environmental**25.** This type of diabetes is biological | **Down****1.** expands the idea of health to include the ability to achieve optimal health, all dimensions**2.** #1 Risk Factor**3.** Any body movement **5.** Various diseases involving heart and blood vessels**6.** Another name for genetics**7.** Length of a workout**9.** Consistent High Blood Pressure**10.** Pressure when the heart is beating**13.** overall condition of body or mind and the presence or absence of illness or injury **14.** planned, structured, repetitive movement intended to improve or maintain physical fitness**16.** Ranked #2 in deaths in the U.S.**18.** Stroke caused by burst or ruptured blood vessel**19.** “Bad” Cholesterol **23.** Internal Dialogue  |