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Chapter 12 - Nutrition Guidelines Word Search

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| E | Z | Y | S | K | K | K | A | U | I | M | T | U | S | T | N | E | I | R | T | U | N | N | Z |
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| E | B | S | B | G | A | A | Y | I | T | B | U | P | P | V | H | W | I | U | J | N | X | L | C |
| F | R | U | I | T | F | J | M | W | L | Y | Q | Y | T | J | M | M | L | Y | J | D | U | U | R |
| B | P | A | X | W | P | D | W | H | W | L | G | V | J | C | O | G | U | P | M | E | R | W | B |
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| E | B | W | A | Q | L | L | N | D | N | M | C | C | O | L | R | J | H | Q | J | N | R | D | W |
| L | I | E | B | K | V | N | Q | E | O | O | C | Q | O | C | D | T | K | F | S | U | O | G | F |
| B | N | P | H | U | P | G | L | R | I | W | C | O | K | I | G | G | Q | Y | W | T | T | A | H |
| A | O | S | S | T | U | Z | X | W | T | F | Z | K | M | U | H | F | U | L | M | R | E | H | T |
| T | X | L | L | P | F | N | Z | F | I | T | Z | S | P | M | Q | A | E | E | D | I | I | U | F |
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| E | H | A | Z | B | K | R | E | Q | U | G | C | T | J | K | A | E | G | S | C | O | K | P | U |
| V | V | L | E | B | Z | R | V | N | N | M | O | G | B | U | I | W | X | Y | W | N | N | V | D |
| D | L | D | S | U | N | E | Q | I | L | A | O | F | X | R | R | Y | O | W | R | E | W | Y | D |
| Q | P | O | V | H | H | T | S | A | A | O | T | Z | M | H | Y | G | U | B | A | P | S | U | Y |
| S | Z | O | A | E | I | G | V | N | M | O | E | T | L | H | S | W | Q | P | G | B | N | N | K |
| W | X | F | R | U | D | W | H | P | O | P | Z | N | O | X | P | H | J | L | U | T | O | E | J |
| C | O | I | V | M | B | B | X | O | P | T | I | F | E | Q | U | J | P | B | S | F | M | P | I |

   Calcium       Calories       Dairy       Essential       Food Labels       Fruit       Grains       Malnutrition       My Plate       Nutrients       Nutrition       Oils       Protein       Sugar       Undernutrition       Vegetables