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Chapter 13 Test- Recognizing Different Sport Injuries

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| **Across****2.** delayed-onset muscle soreness**3.** stretch or tear to a muscle or tendon**5.** repetitive or overuse trauma**9.** at least one bone in a joint is forced completely out of normal and proper alignment**10.** result of trauma**12.** damage to a ligament**13.** composed of cancellous bone and has hyaline cartilage bone**17.** result of extreme stress and strain on a bone**18.** calcium deposits that develop in soft tissue**19.** a fracture caused overuse and localized to weight bearing bones.**21.** inflammation of the synovial sheath**23.** when a muscle contracts to splint an injured area | **Down****1.** result of sudden blow to body**4.** nerves that provide information about a joint position**6.** inflammation of the tendon**7.** partial separation of two bones**8.** most common overuse problem in sports**11.** crackling sound**14.** wearing away of hyaline cartilage**15.** fluid filled sac that develops in an area of friction**16.** little or no displacement of broken bones**20.** inflammation of a nerve**22.** a portion of a broken bone breaks through the skin |