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Chapter 13 Test- Recognizing Different Sport Injuries

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| **Across**  **2.** delayed-onset muscle soreness  **3.** stretch or tear to a muscle or tendon  **5.** repetitive or overuse trauma  **9.** at least one bone in a joint is forced completely out of normal and proper alignment  **10.** result of trauma  **12.** damage to a ligament  **13.** composed of cancellous bone and has hyaline cartilage bone  **17.** result of extreme stress and strain on a bone  **18.** calcium deposits that develop in soft tissue  **19.** a fracture caused overuse and localized to weight bearing bones.  **21.** inflammation of the synovial sheath  **23.** when a muscle contracts to splint an injured area | **Down**  **1.** result of sudden blow to body  **4.** nerves that provide information about a joint position  **6.** inflammation of the tendon  **7.** partial separation of two bones  **8.** most common overuse problem in sports  **11.** crackling sound  **14.** wearing away of hyaline cartilage  **15.** fluid filled sac that develops in an area of friction  **16.** little or no displacement of broken bones  **20.** inflammation of a nerve  **22.** a portion of a broken bone breaks through the skin |