|  |  |
| --- | --- |
| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

Chapter 2: Nutritional Needs Crossword

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  | 1O |  |  |  |  |  |  |  |  | 2F |
|  |  |  |  |  |  |  |  |  |  |  S |  |  |  |  |  |  |  |  |  A |
|  |  |  |  |  |  |  |  | 3N |  | 4T |  R |  A | 5C |  E |  |  |  |  |  T |
|  |  |  |  |  |  |  |  |  U |  |  E |  |  |  O |  |  |  |  |  |  T |
|  |  |  | 6D |  I |  G |  E |  S |  T |  I |  O |  N |  |  M |  |  |  |  |  |  Y |
|  |  |  |  |  |  |  |  |  R |  |  P |  |  |  P |  |  |  |  |  |  A |
|  |  |  |  |  |  |  |  |  I |  |  O |  |  |  L |  |  |  |  |  |  C |
|  |  |  |  |  |  | 7W |  A |  T |  E |  R |  | 8B |  E |  R |  I |  B |  E |  R |  I |
|  |  |  |  | 9A |  |  |  |  I |  |  O |  |  |  X |  |  |  |  |  |  D |
|  |  |  |  |  N |  |  |  |  O |  |  S |  |  |  |  |  |  |  |  |  |
|  | 10H |  Y |  P |  E |  R |  T |  E |  N |  S |  I |  O |  N |  |  |  |  |  |  |  |
|  |  |  |  |  M |  |  |  |  |  |  S |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  I |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  | 11F |  A |  T |  S |  O |  L |  U |  B |  L |  E |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **Across****4.** A mineral, such as iron or iodine, that is needed in the diet in amounts of less than 10 milligrams per day is called a(n) \_\_\_\_\_ element.**6.** The bodily process of breaking food down into simpler compounds the body can use.**7.** A nutrient required by the body to lubricate the joints and body cells and help regulate body temperature.**8.** A disease of the nervous system resulting in a thiamin deficiency.**10.** High blood pressure**11.** A vitamin that dissolves in fats and can be stored in the fatty tissues of the body. | **Down****1.** A condition resulting from a calcium deficiency, which is characterized by porous, brittle bones.**2.** A chemical chain that contains carbon, hydrogen, and oxygen atoms.**3.** The study of how the body uses the nutrient in food**5.** Starches and fiber are often called \_\_\_\_\_\_\_ carbohydrates.**9.** A condition resulting from deficiencies of various nutrients, which is characterized by a reduced number of red blood cells in the bloodstream. |