|  |  |
| --- | --- |
| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

Chapter 5, Nutrition

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| I | K | X | Y | P | H | Q | Z | Y | T | F | A | M | V | B | H | J | C | K | V | E | A | W | G |
| E | S | L | U | F | O | O | D | B | O | R | N | E | I | L | L | N | E | S | S | C | L | T | V |
| O | E | H | N | Q | Z | I | O | E | W | H | N | J | J | S | T | A | L | L | E | R | G | Y | S |
| P | K | J | X | B | C | A | R | B | O | H | Y | D | R | A | T | E | S | A | Y | M | V | H | F |
| C | J | O | H | S | X | N | F | I | C | N | D | V | Q | B | O | K | V | L | Z | I | J | Z | O |
| E | I | U | V | T | H | B | Q | D | J | U | G | G | V | G | L | W | Q | U | O | N | X | E | O |
| K | A | P | P | E | T | I | T | E | M | T | V | C | G | X | O | M | Y | O | Z | E | A | M | D |
| N | F | C | A | E | N | Q | Q | X | P | R | O | R | F | O | A | Y | D | B | K | R | F | M | G |
| T | F | J | L | E | G | X | H | Y | B | I | A | O | Q | E | N | Z | Q | K | X | A | I | T | U |
| P | E | Q | I | J | F | I | B | E | R | E | D | S | U | E | O | M | F | I | E | L | W | F | I |
| R | G | L | P | V | I | T | A | M | I | N | S | S | K | H | Y | P | K | E | Q | S | T | V | D |
| O | S | F | I | C | K | X | M | L | H | T | H | C | Q | Z | Q | J | K | M | X | F | I | V | E |
| T | X | U | D | I | J | T | Q | F | Z | S | U | O | C | Q | X | T | L | P | N | A | N | W | P |
| E | U | Z | N | Q | S | K | M | A | B | E | N | N | V | D | L | C | X | S | M | E | T | I | Y |
| I | N | L | D | F | E | Z | L | D | Y | W | G | T | I | N | U | T | R | I | T | I | O | N | R |
| N | I | I | B | N | D | M | G | D | H | F | E | A | P | W | L | A | Q | A | P | T | L | H | A |
| S | F | G | C | A | L | O | R | I | E | S | R | M | B | U | P | G | U | X | I | G | E | R | M |
| D | U | Y | J | U | P | A | S | T | E | U | R | I | Z | A | T | I | O | N | B | J | R | A | I |
| J | B | H | P | L | K | D | N | I | T | K | F | N | J | N | L | S | Y | V | F | P | A | H | D |
| K | Q | Q | J | E | D | J | P | V | R | S | F | A | D | S | H | I | V | L | T | V | N | M | A |
| A | Y | F | O | U | E | L | B | E | X | T | Y | T | S | M | P | H | R | H | O | Y | C | W | P |
| T | Q | O | X | E | X | L | W | S | J | T | Z | I | T | O | H | B | G | B | U | E | E | Z | Y |
| Y | B | D | V | L | J | A | G | T | B | B | L | O | O | U | Q | D | K | X | G | O | R | B | L |
| Y | O | G | R | B | O | U | F | X | M | J | P | N | C | Z | K | U | H | Y | X | C | A | U | T |

   cross contamination       pasteurization       foodborne illness       intolerance       allergy       additives       Food Guide Pyramid       minerals       vitamins       lipid       proteins       fiber       carbohydrates       appetite       hunger       nutrients       calories       nutrition