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Chapter 6 Vocabulary

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| **Across****5.** An eating disorder in which people overeat and then force themselves to purge the food afterward**8.** The way an individual sees his or her body**9.** Health problems and diseases linked to or resulting directly from long-term overweight or obesity**10.** A disorder in which blood glucose levels become elevated**12.** Having a body mass index that is below the 5th percentile for one's age**13.** An eating disorder in which a person abnormally restricts his or her calorie intake**14.** A condition in which a person stops breathing during sleep, due to obstructed or reduced air passages | **Down****1.** A hormone produced by the pancreas**2.** A disorder in which an individual falsely believes he or she is underweight or undersized**3.** Fad diets**4.** An eating disorder where individuals eat more rapidly than normal till they cannot eat anymore**6.**  An eating disorder in which people purge calories by exercise excessively**7.** The cycle of losing, gaining, losing and gaining weight**11.** Psychological illnesses that cause people to undereat, overeat, or practice other dangerous nutrition related behaviors |

   Excessive weight disabilities       Sleep apnea       Impaired glucose tolerance        Insulin       Underweight       Body Image       Eating disorders       Anorexia bulimia       Bulimia nervosa       Exercise bulimia       Binge eating disorder       Bigorexia       Fad diets       Weight cycling