Common Physical Therapy Terms

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| **Across**  **2.** Movement beyond normal range of motion  **5.** Refers to movement of lar ge muscle groups  **6.** A slanting  **8.** A muscle group on the back of the thigh that can bend/flex the knee and straighten/extend the hip  **9.** A movement of a limb away from midline or the center of the body  **10.** Sitting with legs straight out in front | **Down**  **1.** An outward turning of the limb away from the body  **3.** Muscular incoordination especially ma nifested when voluntary muscular movements are attempted  **4.** Muscular incoordination especially ma nifested when voluntary muscular movements are attempted  **7.** Lack of firmness in weigh t - bearing. Difficulty maintaining weight bearing |