|  |  |  |
| --- | --- | --- |
| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_ | Period: \_\_\_\_\_\_\_ |

Cooking Methods

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| E | S | H | T | Q | L | R | X | L | V | R | D | R | Q | N | G | N | I | H | C | A | O | P | I |
| M | S | T | B | E | N | W | C | H | G | N | M | W | H | C | D | L | I | Y | M | K | Z | K | H |
| O | A | R | S | O | V | H | K | F | H | B | L | B | D | N | O | I | T | C | U | D | N | I | Q |
| S | D | O | H | T | E | M | T | A | E | H | Y | R | D | U | U | Y | G | D | M | Y | S | V | W |
| E | B | S | Z | R | W | K | F | V | R | M | C | O | N | D | U | C | T | I | O | N | G | R | U |
| W | S | N | J | G | N | I | Y | F | P | E | E | D | Y | F | G | R | I | P | Z | N | Z | P | B |
| A | R | G | R | T | Y | G | G | R | A | D | L | H | W | Q | E | Q | L | R | I | Y | N | N | P |
| S | A | N | A | P | U | L | C | M | F | R | E | P | L | Z | J | F | E | S | P | P | C | L | C |
| I | T | I | Q | X | A | X | T | E | F | K | G | B | B | E | Q | Q | I | D | O | G | M | Q | X |
| O | E | T | A | J | D | N | Q | Y | U | W | A | I | V | E | M | A | S | B | O | P | K | S | B |
| T | S | S | A | T | J | P | F | Z | G | K | U | R | Q | O | R | R | C | R | G | V | H | Q | J |
| T | T | A | S | E | L | W | O | R | I | J | A | S | L | B | S | M | H | O | R | A | P | O | K |
| E | E | O | G | K | H | Q | L | N | Y | D | Z | M | A | W | M | M | F | I | G | N | W | Q | W |
| R | W | R | N | Y | U | T | G | I | I | I | Z | H | U | U | W | W | U | L | O | K | F | D | B |
| A | I | F | I | D | F | X | S | A | H | H | N | C | F | G | T | K | Y | I | W | C | G | P | S |
| Z | N | G | M | I | Y | S | T | I | E | W | T | G | R | P | P | E | T | N | O | T | G | Y | N |
| Z | G | M | A | I | D | I | F | D | O | K | L | I | C | P | P | C | I | G | B | N | Q | K | A |
| A | F | B | E | M | O | X | Y | L | U | M | L | L | U | Q | E | L | K | N | G | Z | H | C | O |
| L | F | O | T | N | O | L | P | U | V | L | K | W | M | V | B | M | J | W | G | D | N | T | O |
| R | F | I | S | C | O | E | R | Y | I | Q | V | U | N | T | M | C | U | M | Q | K | A | N | A |
| M | T | L | C | O | M | B | I | N | A | T | I | O | N | C | O | O | K | I | N | G | L | R | H |
| Z | M | I | W | M | S | T | G | W | Z | W | C | P | R | S | P | U | T | L | X | E | F | G | Q |
| X | J | N | K | S | R | U | E | U | N | M | J | W | T | F | L | P | M | A | K | O | C | B | K |
| A | J | G | P | E | V | E | Q | O | N | F | Y | M | C | U | P | O | O | J | D | R | Y | H | P |

   Mr Lazzaretto is awesome       Moist heat       Combination cooking       Dry Heat Method       Baking       Roasting       stewing       Sauteing       Steaming       Convection       Induction       Conduction       Poaching       Deepfying       Panfrying       Grilling       Broiling       Boiling       Braising       radiation