Couple Communication Vocab Review

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| **Across**  **1.** listening that requires us to be engaged with another person--the words, the behaviors, and the environment  **3.** feedback that describes another’s behavior and then explains how that behavior made us feel  **4.**  engaging in an extreme amount of self-focusing during a conversation to the ultimate exclusion of another person  **6.** Acknowledging the viewpoints of those with whom you interact.  **11.** When you suspend your own responses while listening to another and simply concentrate on them.  **13.**  the process of identifying with or attempting to experience the thoughts, beliefs, and actions of another  **14.** the verbal and nonverbal acknowledgement of a message  **15.** A predominant and preferred approach to listening to the messages we hear.  **19.** refers to our ability to take responsibility for our own thoughts and feelings  **20.** acknowledges our own position  **22.** A listening style associated with concern for other people’s feelings or emotions.  **23.** Restating the essence of a sender’s message in our own words.  **24.**  providing observable feedback to a sender’s message  **25.** viewing innocent comments as personal attacks or hostile criticisms | **Down**  **2.** A listening style associated with listeners who want messages to be highly organized, concise, and error free.  **5.** responding to some parts of a message and rejecting others  **7.** occurs when someone feels ignored and disregarded  **8.** the dynamic, transactional process of receiving, responding, recalling, and rating to stimuli, messages, or both  **9.**  understanding a message  **10.** A listening style associated with listeners who focus on the facts and details of a message.  **12.** the acknowledgement, validation, and support of another person  **16.**  A listening style associated with listeners who want messages to be presented succinctly  **17.** A compulsive talker who hogs the conversational stage and monopolizes encounters.  **18.** direct responsibility onto others, often in a blaming fashion  **21.** evaluating or assessing a message |