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Defense Mechanisms

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| **Across**  **6.** Casting the feelings you have onto another person; blaming another person for the feelings you have.  **9.** Associating with people or groups that are of higher status in order to increase your own status.  **10.** Reverting to childlike behavior to get the attention you got when you were younger or to get your way.  **11.** Replacing feelings that are socially or personally unacceptable with emotions that are acceptable. | **Down**  **1.** Describing painful or emotional personal events in academic or philosophical terms.  **2.** Taking out one's anger or frustration on a person or object that is not the cause of the offense.  **3.** Making logical excuses for illogical behavior.  **4.** Unconsciously forgetting information that is too painful to recall  **5.** Emphasizing personal strengths in one area to shift focus from failure in another area.  **7.** Using exercise or physical activity as a substitute for sexual energies.  **8.** Refusing to accept an obvious situation because of the emotional pain it causes |

   Compensation       Denial       Displacement       Identification       Intellectualization       Projection       Rationalization       Reaction Formation       Regression       Repression       Sublimation