|  |  |
| --- | --- |
| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

Depression Signs and Symptoms

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Q | M | J | Q | M | K | J | D | H | U | G | W | Y | K | L | M | A | K | O | V | S | D | V | G |
| R | F | A | S | O | T | K | F | Q | B | O | V | F | J | H | G | E | N | H | O | K | O | Z | T |
| A | N | W | Y | O | M | T | L | L | Q | G | P | F | T | O | A | I | S | P | R | M | Y | Q | X |
| Z | S | C | Q | D | T | U | P | F | L | P | H | P | G | Z | H | U | G | P | A | H | F | K | G |
| I | B | W | U | Y | E | C | F | K | A | J | I | D | C | U | F | X | P | O | S | K | V | W | A |
| K | C | E | M | M | I | O | O | S | F | S | E | U | X | H | Z | H | I | G | X | N | L | I | G |
| B | O | I | Y | K | X | A | F | H | L | F | K | M | U | E | A | N | X | I | O | U | S | H | U |
| L | L | G | I | Q | P | C | I | X | F | C | M | A | Q | G | G | Z | T | X | F | Y | J | G | B |
| H | S | H | R | K | A | D | A | I | W | E | A | O | O | U | A | N | F | X | K | V | R | T | V |
| T | F | T | R | Q | P | Y | C | F | B | C | M | K | Z | D | P | Y | V | F | E | O | T | T | G |
| M | T | C | I | F | E | T | B | P | M | E | X | N | J | M | U | Y | A | O | H | I | Q | V | R |
| L | U | H | T | I | T | W | B | L | H | E | L | P | L | E | S | S | I | E | W | Q | C | R | V |
| A | F | A | A | F | I | J | S | P | V | S | V | G | W | A | V | G | D | S | I | O | Z | S | D |
| I | S | N | B | Y | T | K | Y | A | C | G | Y | B | L | E | L | N | E | W | M | Y | M | T | Q |
| D | I | G | I | I | E | S | D | G | M | W | S | A | D | N | E | S | S | P | G | D | Q | W | S |
| M | Y | E | L | I | C | H | E | X | K | M | Z | K | H | H | Y | G | J | L | C | I | M | Y | G |
| D | I | I | I | J | H | J | U | V | H | P | X | L | J | C | D | H | O | P | E | L | E | S | S |
| E | Q | T | T | X | A | Y | F | H | S | X | D | T | L | K | F | Q | U | C | L | I | M | B | O |
| S | V | N | Y | H | N | B | B | O | D | Y | A | C | H | E | S | L | C | V | O | S | M | P | R |
| L | W | H | Z | M | G | Y | E | B | I | T | O | S | P | P | I | I | Y | P | Y | O | G | I | C |
| N | U | D | W | M | E | B | E | A | R | M | I | S | K | P | C | G | U | I | L | T | Y | E | J |
| Q | G | T | P | X | Z | Y | H | E | P | O | I | T | Z | O | G | T | C | A | T | X | K | N | T |
| C | U | F | N | F | F | I | Y | F | H | L | O | S | S | O | F | I | N | T | E | R | E | S | T |
| N | V | F | A | T | I | G | U | E | C | F | Y | N | Y | E | S | W | V | A | V | M | B | H | J |

   Helpless       Guilt       Weight Change       Apetite Change       Irritability       Anxious       Body Aches       Fatigue       Hopeless       Loss of interest       Moody       Sadness