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| A | I | U | X | L | Q | E | W | H | S | J | P | S | F | T | T | Q | P | N | X | R | Q | P | P |
| E | F | **Y** | L | C | Q | O | N | N | L | E | G | L | E | J | W | V | F | N | B | X | F | D | C |
| H | S | **N** | K | B | A | S | B | Y | R | Q | D | G | A | L | E | **K** | G | J | J | Q | C | Z | N |
| B | J | **O** | U | D | F | V | Y | C | O | P | Z | W | O | K | O | **I** | X | J | K | N | K | O | E |
| Q | E | **T** | K | A | E | G | S | E | Z | J | I | B | M | G | Z | **C** | F | G | N | I | C | P | C |
| P | **M** | **R** | T | **O** | F | R | H | Y | K | T | V | G | C | J | F | **K** | L | B | R | Q | C | A | Y |
| E | **R** | **M** | F | **D** | A | **Y** | M | S | X | B | C | A | C | G | H | V | A | D | D | K | Y | V | N |
| V | **J** | P | G | **N** | V | **E** | J | Q | D | K | K | U | L | T | U | I | C | R | S | F | K | G | Y |
| R | **U** | O | K | **O** | J | **C** | X | F | E | N | U | H | L | E | N | J | O | P | P | G | B | I | **D** |
| B | **A** | G | R | **W** | T | **A** | B | X | L | A | V | V | F | B | H | U | Y | B | D | F | T | S | **I** |
| Z | **N** | F | R | **K** | D | **T** | Z | Q | N | B | **S** | **T** | **R** | **A** | **L** | **A** | **I** | **T** | **R** | **A** | **M** | V | **S** |
| B | R | **C** | S | **E** | I | **S** | R | G | M | L | D | K | P | G | E | H | D | V | D | O | S | E | **C** |
| M | S | **O** | T | **A** | T | **S** | Y | O | I | C | W | G | X | P | Q | U | J | W | V | Q | Y | N | **I** |
| T | R | **N** | D | **T** | W | **M** | E | V | E | E | A | M | E | C | B | I | B | E | N | B | V | I | **P** |
| C | **H** | **F** | F | V | K | Y | Q | V | A | L | G | J | S | I | D | **T** | **C** | **E** | **P** | **S** | **E** | **R** | **L** |
| K | **C** | **I** | I | X | C | K | Q | W | J | U | T | Q | F | E | V | J | R | D | W | B | W | C | **I** |
| M | **N** | **D** | E | D | F | Q | Y | **B** | Q | I | W | G | A | H | Y | J | L | W | Y | Y | N | I | **N** |
| O | **U** | **E** | Q | I | **S** | Z | N | **L** | L | D | E | F | S | M | V | S | B | L | Y | A | D | L | **E** |
| G | **P** | **N** | C | M | **U** | G | Y | **O** | R | H | V | K | Z | Y | U | V | Y | M | H | X | T | P | I |
| Q | T | **C** | O | C | **C** | P | W | **C** | F | S | R | P | X | Z | I | D | L | T | P | L | Y | W | Q |
| B | Z | **E** | G | W | **O** | C | M | **K** | C | M | B | Z | R | Q | X | Q | P | C | T | B | A | Z | G |
| S | V | R | H | Z | **F** | I | D | Q | Z | J | E | P | E | M | J | T | R | Z | R | G | Z | L | D |
| T | M | G | B | E | T | F | D | Y | B | **A** | **T** | **T** | **I** | **T** | **U** | **D** | **E** | U | M | M | Y | G | E |
| O | D | V | O | S | R | U | S | O | P | S | E | W | G | B | J | R | W | T | K | J | N | C | I |

   martial arts       tae kwon do       ms stacey       mr juan       mr tony       confidence       respect       focus       discipline       attitude       block       kick       punch