Eating Disorders

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| **Across****5.** Severely cutting calories by eating very, very little**8.** The habit of eating well beyond the point of fullness compulsively**9.** A measure of how much you value and respect yourself; one's feelings of high or low self-worth**10.**  A condition in which a person keeps bringing up food from the stomach into the mouth (regurgitation) and re-chewing the food.**11.** Any of a range of psychological disorders characterized by abnormal or disturbed eating habits (such as anorexia nervosa)**12.** A ratio that allows you to assess your body size in relation to your height and weight**13.** An eating disorder, characterized by a delayed circadian pattern of food intake | **Down****1.** A condition of having excess body fat resulting in being greatly overweight**2.** A condition caused by a diet lacking one or more essential nutrients**3.** The way a person thinks his or her body looks, which may or may not be the way it actually does look**4.** Medications or foods given to stimulate bowel movements**6.** A chronic mental illness in which an individual cannot stop thinking about a flaw in their appearance — a flaw that is either minor or imagined**7.** Eating large amounts of food, often in secret, and then purging |