|  |  |
| --- | --- |
| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

Emotions

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| N | E | H | N | H | C | F | J | E | A | L | O | U | S | U | L | S | H | A | N | G | E | R | L |
| J | Y | U | I | R | J | F | N | U | R | K | H | V | Y | L | C | G | L | D | U | P | B | Z | Y |
| S | D | T | V | O | L | U | D | F | D | S | Y | B | K | A | V | G | X | V | H | Z | C | T | F |
| G | T | J | F | E | S | G | S | E | H | E | N | S | R | F | R | U | S | T | R | A | T | E | D |
| C | W | B | N | I | Y | X | B | A | N | K | P | E | K | E | Z | F | J | F | D | K | S | G | W |
| C | N | X | Z | R | M | V | M | I | D | E | D | I | T | C | W | L | C | Q | I | E | J | A | H |
| F | A | Y | L | S | P | E | H | O | D | E | T | W | P | Q | E | K | Y | K | H | E | C | Z | W |
| L | S | B | D | W | A | W | X | N | U | Y | T | A | V | Z | Q | U | W | J | Z | A | R | A | Y |
| P | I | S | Z | B | Y | D | W | R | B | J | L | N | E | E | T | U | U | A | K | Y | G | T | P |
| Z | N | P | E | R | O | N | N | L | D | H | O | H | I | R | Q | L | S | I | B | U | Y | I | P |
| F | S | C | R | R | E | U | A | E | H | Z | N | E | Z | O | H | E | U | O | J | C | J | R | A |
| T | E | A | Q | Y | T | P | X | U | S | S | E | L | Y | G | P | T | W | F | K | K | M | E | H |
| L | C | W | R | T | Z | S | T | M | D | S | L | P | S | W | N | P | N | F | Y | A | C | D | O |
| O | U | S | K | E | O | F | L | S | V | Y | Y | L | I | D | Z | O | A | M | T | O | Y | A | Z |
| J | R | Q | D | I | S | W | I | U | J | K | G | E | K | D | V | M | H | S | N | B | J | D | H |
| P | E | V | O | X | Y | W | U | E | R | S | B | S | K | E | H | P | P | T | I | X | G | B | U |
| T | N | G | T | N | E | Y | G | M | K | G | B | S | R | M | U | O | E | E | M | D | C | Q | R |
| H | I | F | F | A | X | R | K | U | O | R | X | W | D | D | I | M | A | B | N | Y | E | I | T |
| C | X | H | V | K | A | Z | X | S | H | I | H | Y | L | I | P | T | V | P | Z | E | N | A | A |
| A | I | S | D | E | T | I | C | X | E | E | J | T | X | T | A | D | D | N | W | X | A | V | X |
| V | W | C | P | L | F | T | L | Z | L | F | K | M | T | A | F | D | O | F | H | K | V | Z | F |
| I | I | K | G | U | R | E | X | M | G | L | N | Z | I | Z | N | N | B | A | C | O | F | O | O |
| I | L | W | V | C | Y | I | E | M | M | O | S | Z | P | P | D | J | J | C | T | F | Q | O | O |
| K | I | L | T | X | G | D | B | Y | W | M | T | H | E | M | B | A | R | R | A | S | S | E | D |

   Shame       Scared       Jealous       Guilt       Joyful       Excited       Happy       Contempt       Tired       Threatened       Stress       Anxiety       Grief       Insecure       Frustrated       Helpless       Hurt       Embarrassed       Overwhelmed       Lonely       Disappointed       Sadness       Anger