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Ergovation Crossword (Español)

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| **Across**  **2.** el tipo de postura en la que quieres trabajar.  **5.** reconocerlos (junto con los signos) puede ayudar a evitar que los TME se agraven  **7.** esto se refiere a "cuánto" de un factor de riesgo  **8.** el estudio de cómo las personas interactúan con el trabajo  **9.** es hacer los mismos movimientos una y otra vez con poca recuperación  **11.** así es como queremos trabajar en lugar de "duro" | **Down**  **1.** es un tipo de factor de riesgo ambiental que puede provenir de las ventanas  **3.** es un tipo de factor de riesgo ambiental que a menudo proviene de herramientas manuales  **4.** el tipo de postura que mantiene durante largos períodos de tiempo.  **6.** ayuda a calentar el cuerpo antes de realizar un trabajo físico  **10.** lesión relacionada con ergo Estrés de contacto, presión en una parte del cuerpo |