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Exam Review

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| **Across****6.** Irrational and intense fear, panic or dread of a specific object or situation**8.** Reinforce reality; Discourage intake of coffee, alcohol or drugs; Understand there is no cure for this illness**10.** Have excessive fears and worries that affect normal functioning**11.** Risk increases with “dose” of trauma, lack of social support; Pre-existing psychiatric disorder**12.** An attempt to relieve the distress of a situation that threatens the well being of the person**13.** Delusions; Hallucinations; Disturbances in thinking | **Down****1.** Problems not due to alcohol or drugs; Very stressful for the client and may interfere with social and job performance; Signs are worse with stress**2.** Weight and Shape are very important; Computer Graphics: make thin models even thinner; Preoccupation with food, eating, fitness; Unrealistic Ideals**3.** affect people of all ages, educational and income levels, and cultures**4.** Episodes can repeat themselves or can happen just once; Usually precipitated by a stressful event **5.** Prolonged loss of appetite; self-starvation; rapid ingestion of large quantities of food over a short period of time, inappropriate compensatory behaviors to rid the body of the excess calories.**7.** Frantic efforts to avoid abandonment (real or imagined)**9.** Is the highest level of anxiety disorders |

   eating disorder       Cultural influences       mental illness       Anxiety       Panic       Phobias        Obsessive Compulsive       PTSD       Major Depression        Bipolar       Borderline        Schizophrenia        suicide