|  |  |
| --- | --- |
| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

FOODS1

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  | 1 |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  | 2 |  |  |  | 3 |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  | 4 |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  | 5 |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  | 6 |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  | 7 |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  | 8 |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  | 9 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  | 10 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| **Across**  **2.** To cut or break food into long, thin strips by using a knife, fork, or grater.  **5.** To cut food into small, equal size squares about ½ inch in size.  **7.** To cut food into large, thick or thin flat pieces with a slicing knife. Use a sawing motion while gently pressing the knife down.  **9.** To remove the stem and the very thin layer of peel of a fruit or vegetable with a paring knife or peeler.  **10.** To remove the outer layer/skin, by stripping or pulling off with your fingers or a knife. | **Down**  **1.** To reduce food into small pieces by pressing and rubbing it against the “teeth” of a grater.  **3.** To cut food into small, equal size squares about ¼ to 1/8 inch in size.  **4.** To make small, straight, shallow cuts with a slicing knife in the surface of a food; often done to tenderize meat or to let sauces soak in.  **6.** To cut food into very fine, uneven pieces.  **8.** To cut food into small, uneven pieces. |