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Food Technology

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| **Across****2.** Preparing and cooking food safely**6.** Your hand makes this shape when cutting food safely**10.** A type of fat, usually from animal sources**11.** You do this at the end of each lesson**13.** A tool covered in holes that have raised cutting edges**14.** Microscopic living things that live on everything**15.** A term for beans, peas and lentils | **Down****1.** Heat liquid just below the boiling point**3.** When there is a shortage of a specific nutrient **4.** Foods that are based on starch e.g. pasta, bread**5.** When food contains something it shouldn't**7.** A cooking method used when making bread or pasta**8.** A meal eaten in the morning**9.** A method used for frying food**12.** A guide to show you how much to eat of each food group |