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Food Technology

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| **Across**  **2.** Preparing and cooking food safely  **6.** Your hand makes this shape when cutting food safely  **10.** A type of fat, usually from animal sources  **11.** You do this at the end of each lesson  **13.** A tool covered in holes that have raised cutting edges  **14.** Microscopic living things that live on everything  **15.** A term for beans, peas and lentils | **Down**  **1.** Heat liquid just below the boiling point  **3.** When there is a shortage of a specific nutrient  **4.** Foods that are based on starch e.g. pasta, bread  **5.** When food contains something it shouldn't  **7.** A cooking method used when making bread or pasta  **8.** A meal eaten in the morning  **9.** A method used for frying food  **12.** A guide to show you how much to eat of each food group |