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| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

Frutas y verduras

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|  |  |  | 3  L |  |  |  |  |  |  | E |  | T |  |  |
|  |  |  | E |  |  |  |  |  | 4  A | P | I | O |  |  |
|  |  |  | C |  |  | 5  P |  |  |  | I |  | M |  |  |
|  |  |  | H |  |  | 6  L | I | M | O | N |  | A |  |  |
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|  |  | 7  M | A | N | Z | A | N | A |  |  |  |  |  |  |
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|  |  |  |  | 9  B | R | O | C | O | L | I |  |  |  |  |
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|  |  |  |  | 10  N | A | R | A | N | G | A |  |  |  |  |
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| **Across**  **4.** Que verdura tiene vitamina K  **6.** Que fruta tiene mucho acido  **7.** QUE FRUTA TE SIRVE PARA LA MEMORIA  **9.** Que verdura te ayuda para durante un embarazo  **10.** Que fruta tiene vitamina C | **Down**  **1.** Que verdura te hace crecer el cabello  **2.** Que verdura te ayuda para hidratar la piel  **3.** Que verdura te sirve para bajar de peso  **5.** Proviene los calambres  **8.** Tiene carbohidratos para bajar de peso |