|  |  |
| --- | --- |
| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

HEALTHY EATING

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| V | E | G | E | T | A | B | L | E | S | M | V | R | K | A | W | B | S | T | S | R | W | S | B |
| O | C | I | N | V | Y | U | N | E | L | C | Y | C | E | R | U | E | U | B | N | O | W | E | D |
| Q | H | K | K | S | D | X | P | S | Q | S | U | E | Y | C | U | R | Q | W | F | D | Y | M | I |
| M | Y | F | Q | Y | T | O | X | S | R | H | G | W | C | C | I | O | N | J | R | F | O | N | E |
| O | G | Z | F | P | M | N | O | Q | G | G | A | E | E | F | L | P | W | Y | U | T | D | X | D |
| T | I | L | Z | X | V | N | E | F | S | N | F | I | S | S | A | G | E | F | I | K | F | W | F |
| I | E | K | B | N | I | W | T | I | N | L | H | D | D | E | Z | Q | F | S | T | F | O | W | Z |
| T | N | G | I | C | H | U | O | S | D | V | C | S | B | B | Q | S | E | E | D | S | Y | T | F |
| Q | E | E | K | Y | N | U | M | K | A | E | C | S | G | T | A | U | T | H | O | K | J | T | L |
| U | N | B | L | E | G | U | K | H | W | F | R | M | L | K | E | S | X | X | C | B | Y | K | A |
| A | R | C | L | M | M | T | U | R | J | W | K | G | H | E | A | M | H | T | L | A | E | H | V |
| J | U | H | J | U | S | S | J | E | A | G | L | A | N | W | A | P | Q | H | C | Y | Y | U | O |
| B | G | Q | H | C | N | U | L | N | M | D | L | J | E | I | J | N | S | E | Z | L | Q | A | U |
| S | T | U | O | F | J | I | S | N | O | D | F | O | N | R | O | M | M | S | U | O | X | K | R |
| Y | G | K | O | D | G | W | G | I | T | A | I | T | J | O | B | R | V | E | G | F | C | T | C |
| S | M | O | B | U | A | U | N | D | C | E | V | R | J | Y | I | Z | E | K | A | G | G | L | S |
| K | M | Y | K | H | B | S | M | O | L | U | Z | U | O | T | Q | T | Y | B | N | T | C | R | T |
| C | F | H | S | I | F | U | M | R | G | E | V | H | Z | E | F | U | I | I | G | H | D | R | U |
| B | Z | G | M | D | S | P | X | Z | K | Z | S | G | C | F | X | T | K | R | E | R | H | A | N |
| T | Z | I | C | I | O | D | X | C | Y | V | R | O | K | A | E | O | P | N | T | K | B | W | S |
| C | U | I | C | S | L | I | F | B | K | U | R | Y | D | S | O | L | T | S | B | U | X | K | B |
| U | Z | W | T | J | R | K | L | B | T | A | I | C | N | C | J | B | A | D | F | S | N | Q | H |
| N | B | A | Q | L | B | H | A | Q | K | A | R | E | S | E | E | H | C | I | S | E | S | C | Q |
| C | W | E | O | S | V | A | O | L | B | P | Q | Y | X | A | B | E | D | V | Y | N | M | A | Q |

   breakfast       cheese       compost       cooking       dinner       eggs       fish       flavour       food       fruit       health       hygiene       ingredients       lean meat       lunch       milk       nutrition       nuts       recipes       recycle       safety       seeds       vegetables       waste       yoghurt