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| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

Habit 1: Be Proactive

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| **1.** What is physical or emotional maltreatment? **M** | **A.** triumphs |
| **2.** When a task is brought to completion, it is an \_\_\_\_. **E** | **B.** conscience |
| **3.** A person's feeling or emotion toward something is his/her \_\_\_. **S** | **C.** creative |
| **4.** A \_\_\_ is a person or thing that is chosen. **P** | **D.** control |
| **5.** Blameworthiness of one's own conduct, intentions, or character with an intention to do good is one's \_\_\_\_. **B** | **E.** accomplishment |
| **6.** When a person restrains from doing something, he/she has \_\_\_. **D** | **F.** willpower |
| **7.** A person is considered to be \_\_\_ when he or she has the ability to create. **C** | **G.** setbacks |
| **8.** What is moral or mental strength? **K** | **H.** proactive |
| **9.** A person is \_\_\_ when he or she is developing to maturity. **N** | **I.** responsibility |
| **10.** Sally is using her \_\_\_, which is her creative ability. **T** | **J.** initiative |
| **11.** Dan took the \_\_\_ to facilitate the beginning of the group task. **J** | **K.** force |
| **12.** Existing for a long period of time means that you have to be \_\_\_ and not give up. **L** | **L.** persistent |
| **13.** A \_\_\_ person will act in anticipation of future problems, needs, or changes. **H** | **M.** abuse |
| **14.** \_\_\_ behavior happens as a result of stress or emotional upset. **O** | **N.** growing |
| **15.** What is moral, legal or mental accountability? **I** | **O.** reactive |
| **16.** Being aware of your own personality and individuality means you have \_\_. **Q** | **P.** choice |
| **17.** \_\_\_ cause us to check our progress. **G** | **Q.** self awareness |
| **18.** victories and successes are \_\_\_ **A** | **R.** victim |
| **19.** A person who is acted on and adversely affected is a \_\_\_. **R** | **S.** attitude |
| **20.** What is the energetic determination to succeed? **F** | **T.** imagination |