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| **Across**  **3.** What is the Maori Philosophy of well-being  **6.** Maori name for Physical dimension  **7.** spiritual is also about...  **8.** what dimension does sleep come under?  **9.** Taha whanau is about  **10.** What is the Maori name for the social dimension?  **13.** We can help our Taha Tinana dimension by | **Down**  **1.** Maori word for Mental and emotional?  **2.** A bad influence on our Taha Hinengaro is...  **4.** What dimension is about thoughts and feelings?  **5.** what is Taha Wairua?  **11.** physical dimension is also about  **12.** what is one important aspect of spiritual |

   Mental and emotional        Physical        Taha Whanau        Taha Tinana       Taha hinengaro        Spiritual        values        Personal identity        Hauora        Hygiene        Family and friends        being active        unhealthy relationships