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| **Across****3.** What is the Maori Philosophy of well-being **6.** Maori name for Physical dimension **7.** spiritual is also about...**8.** what dimension does sleep come under? **9.** Taha whanau is about **10.** What is the Maori name for the social dimension? **13.** We can help our Taha Tinana dimension by  | **Down****1.** Maori word for Mental and emotional?**2.** A bad influence on our Taha Hinengaro is...**4.** What dimension is about thoughts and feelings? **5.** what is Taha Wairua?**11.** physical dimension is also about**12.** what is one important aspect of spiritual  |

   Mental and emotional        Physical        Taha Whanau        Taha Tinana       Taha hinengaro        Spiritual        values        Personal identity        Hauora        Hygiene        Family and friends        being active        unhealthy relationships