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Health science

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| **Across****5.** Movement around a central axis. **8.** Not controlled by choice or desire. **10.** Decline in ability of a muscle to generate force. **15.** Form the walls of the heart. **16.** Covers the inner anterior aspect of the femur. **19.** Flexes lower leg and extends thigh. **20.** Allows muscle to return to original shape once being stretched **21.** Increasing the angle between two parts. (Straightening)**22.** Aids in flexing the knee (longest muscle in body)**23.** Bending forward or bending the foot away from the knee**24.** Attaches to bone**25.** Area of a muscle that moves when muscle contracts.  | **Down****1.** Moving in a circle at a joint while the other end remains stationary **2.** Done by choice or desire. **3.** Shortening of a muscle**4.** Decreasing the angle between two parts. (Bending)**6.** Tissue that connects muscle to bone. **7.** Moves ribs for breathing. **9.** Adducts and flexes upper arm. **11.** Muscle fibers are stimulated by nerves,contact, or become short and thick. **12.** Flexor muscle in the upper arm. **13.** Protect buttocks and extends thigh**14.** Area of a muscle that remains stationary when the muscle contracts. **17.** Circular muscles in the walls of the anus and urethra. **18.** found in the internal organs.  |