|  |  |
| --- | --- |
| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

Healthy Eating

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| K | V | T | B | D | L | V | F | F | R | B | I | S | G | N | E | K | C | I | H | C | G | M | M |
| Q | S | S | B | B | E | N | G | F | R | P | U | R | Z | N | F | L | A | P | C | H | O | D | Q |
| T | F | R | Q | F | C | U | Z | O | A | G | S | Q | L | C | S | G | Y | I | Z | L | C | B | X |
| P | J | K | L | H | I | X | C | O | R | W | Y | A | Z | Y | Y | O | T | Q | B | U | E | Q | M |
| E | K | D | N | E | R | C | S | F | R | D | O | B | L | K | F | Q | B | S | A | E | P | O | B |
| A | N | I | W | P | O | N | L | A | P | A | U | T | S | M | Z | V | O | N | F | O | C | M | T |
| R | C | D | I | L | P | T | E | F | M | F | N | D | I | C | O | A | G | W | B | O | I | H | D |
| H | D | J | I | Y | Z | P | M | S | K | X | Y | G | O | P | T | N | D | K | V | X | O | M | E |
| F | U | X | O | O | M | D | O | E | K | T | T | C | E | M | A | M | N | O | I | L | X | P | L |
| U | M | P | B | A | P | X | N | L | N | S | C | T | E | N | V | A | Z | I | W | W | C | I | O |
| N | D | J | N | E | B | B | U | E | E | I | B | A | T | N | O | X | F | R | A | M | I | X | X |
| K | S | G | X | G | R | E | R | S | L | E | L | E | P | B | C | I | S | C | T | V | R | V | W |
| R | O | I | M | G | G | X | A | N | Z | P | M | X | Q | Y | A | E | T | Q | E | Q | L | X | Y |
| U | V | D | U | C | K | V | O | N | H | U | P | H | K | I | D | L | N | K | R | Q | Y | M | X |
| H | C | W | S | X | H | Q | D | Y | S | S | G | A | N | R | O | P | A | Q | M | Z | D | E | Q |
| W | U | Z | H | M | S | V | M | A | C | B | I | L | E | H | T | P | L | F | E | N | A | F | N |
| V | A | K | R | L | A | Z | U | L | U | H | V | G | V | N | J | A | P | T | L | F | V | S | O |
| S | E | E | O | B | U | Y | O | G | U | R | T | M | P | P | I | M | G | U | O | Q | R | A | I |
| E | D | R | O | I | Q | W | A | L | N | U | T | S | E | A | O | P | G | T | N | J | T | B | N |
| B | Q | K | M | X | S | O | W | Y | B | N | Q | P | P | L | N | P | E | P | J | K | A | P | O |
| Y | C | H | G | Y | A | M | M | A | C | O | N | U | P | K | Q | J | C | W | X | N | V | Z | E |
| S | N | Q | U | M | N | P | U | N | S | V | S | S | E | G | Q | P | F | O | A | Q | Y | N | I |
| F | I | C | Y | Q | U | N | T | U | V | F | Q | S | R | M | U | K | H | N | R | H | G | E | W |
| Y | B | E | E | T | S | L | C | T | G | H | Q | L | S | P | T | S | A | J | S | N | F | N | A |

   watermelon       apple       squash       peppers       pear       beans       walnuts       tuna       oatmeal       beef       eggplant       beets       salmon       orange       mango       pineapple       lemon       banana       yogurt       rice       popcorn       onion       mushroom       chicken       peas       kiwi       broccoli       avocado