|  |  |
| --- | --- |
| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

Healthy Foods

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| S | I | B | Y | F | U | S | Z | R | V | X | H | G | O | Q | S | Z | K | E | R | E | S | V | O |
| N | E | G | H | X | R | C | F | I | **B** | L | I | S | P | P | Q | H | V | O | B | V | C | O | I |
| K | U | U | H | C | Z | X | Y | Y | C | **A** | D | **E** | **S** | **E** | **E** | **H** | **C** | U | **F** | **R** | **U** | **I** | **T** |
| A | K | V | W | P | Z | F | G | Q | L | I | **N** | Y | W | K | O | I | K | Y | G | P | E | O | C |
| U | H | N | E | Z | H | O | H | K | G | R | L | **A** | **B** | **L** | **U** | **E** | **B** | **E** | **R** | **R** | **I** | **E** | **S** |
| **N** | **S** | **S** | Y | F | D | P | B | S | S | D | C | Y | **N** | O | K | N | **B** | Y | S | L | I | L | K |
| V | **E** | **T** | **T** | **A** | **E** | **M** | **A** | E | A | X | G | Q | **G** | **A** | U | P | **M** | **R** | P | H | Z | N | F |
| O | R | **K** | **U** | **O** | F | D | U | **P** | U | G | X | K | D | **R** | L | W | F | **I** | **E** | C | J | K | N |
| X | E | V | **C** | **N** | **R** | F | Z | Q | **P** | G | H | A | E | **S** | **A** | A | A | G | **L** | **A** | W | O | W |
| Y | **S** | D | G | **I** | **A** | **R** | L | L | Y | **L** | T | W | **N** | **S** | W | **N** | R | A | S | **K** | **D** | L | K |
| A | A | **T** | O | C | **H** | **E** | **A** | W | Q | Y | **E** | **E** | **E** | H | A | A | **O** | M | C | K | T | R | Q |
| Z | B | A | **R** | B | S | **C** | **P** | **C** | T | C | **E** | **O** | U | **A** | X | H | H | **L** | F | E | B | **W** | K |
| M | J | X | J | **A** | K | J | Q | W | J | **R** | **T** | **S** | O | Z | **L** | V | Y | Y | **A** | H | K | **A** | L |
| T | P | E | F | T | **W** | Z | M | O | **G** | **A** | **E** | A | **E** | Q | Q | **M** | H | M | T | A | S | **T** | H |
| R | **S** | U | R | I | **I** | **B** | Y | N | **M** | K | Z | **G** | **P** | **P** | R | D | **O** | C | Q | X | Z | **E** | W |
| P | **E** | **S** | U | B | **L** | E | **E** | **O** | Z | V | **S** | D | **G** | **R** | **A** | G | K | **N** | R | I | Q | **R** | N |
| Y | **O** | **A** | G | V | **O** | M | **T** | **R** | G | W | X | **N** | **T** | **S** | **O** | **R** | **E** | N | **D** | A | G | **M** | G |
| D | **T** | **L** | W | G | **C** | H | B | **Y** | **R** | R | V | V | **I** | **R** | W | **T** | **G** | **G** | U | **S** | S | **E** | I |
| U | **A** | **A** | C | I | **C** | O | S | **R** | X | **I** | Z | B | **W** | **A** | **U** | E | **E** | V | **N** | J | P | **L** | N |
| O | **T** | **D** | L | F | **O** | D | M | **I** | W | S | **E** | **A** | L | L | **R** | **G** | V | **I** | C | **A** | O | **O** | A |
| S | **O** | H | W | G | **R** | W | M | **A** | Z | Z | **T** | **S** | G | K | V | **G** | **O** | O | **N** | Z | **R** | **N** | E |
| Y | **P** | G | O | W | **B** | O | A | **D** | P | **E** | Q | K | W | X | L | V | W | **Y** | D | Z | K | **O** | N |
| P | E | J | A | Q | W | S | A | H | **R** | D | **C** | **H** | **E** | **R** | **R** | **I** | **E** | **S** | Z | Z | V | L | G |
| R | B | L | S | T | I | D | O | N | H | Z | A | J | N | D | I | W | S | N | N | **F** | **I** | **S** | **H** |

   fish       peanuts       almonds       chicken       eggs       greens       orange       blueberries       banana       apple       broccoli       protein       fruit       dairy       watermelon       cherries       strawberries       grapes       salad       tomatoes       potatoes       granola       yogurt       grains       meat       bread       water       carrots       cheese       milk