|  |  |
| --- | --- |
| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

Healthy you

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| G | D | E | M | W | W | M | B | G | B | V | N | W | X | C | F | V | J | T | G | U | D | S | D |
| R | K | A | S | E | D | J | Z | Y | Z | T | L | U | E | T | R | E | W | D | C | V | V | T | R |
| E | Q | S | T | I | C | R | N | T | X | T | J | S | N | V | T | G | X | S | A | C | O | S | A |
| T | Z | P | E | N | C | H | B | W | Q | K | S | Z | D | K | P | E | Q | H | O | O | R | U | A |
| A | I | C | Q | H | E | R | O | B | X | B | N | A | K | T | A | T | O | N | U | A | G | C | N |
| W | Q | A | E | E | J | L | E | L | Q | O | D | C | I | X | O | A | R | V | G | C | T | C | M |
| K | F | R | R | L | O | T | L | X | E | H | D | E | O | V | C | B | Z | U | M | T | Q | D | Z |
| N | I | B | U | M | B | W | E | E | E | S | S | K | I | E | F | L | S | S | G | S | W | N | P |
| I | X | O | S | E | W | E | C | K | P | W | T | P | M | M | A | E | K | P | M | C | L | B | D |
| R | R | H | S | T | F | E | E | N | P | E | E | E | A | P | C | S | R | X | S | I | F | N | E |
| D | B | Y | E | S | I | L | A | T | E | B | R | Q | R | U | Z | O | N | T | Z | R | U | L | C |
| P | N | D | R | W | Q | D | X | R | L | Q | D | T | D | O | T | D | O | M | H | T | O | X | R |
| E | S | R | P | I | C | S | K | O | S | Z | L | E | C | E | L | H | W | I | E | E | Y | E | E |
| L | S | A | D | T | Q | C | M | T | C | U | R | Q | I | E | S | D | U | S | A | M | Y | A | A |
| L | G | T | O | H | T | Z | J | A | Z | V | N | N | H | U | S | J | S | N | L | O | H | I | S |
| F | I | E | O | S | O | Q | V | D | S | F | S | S | L | S | D | N | A | I | T | I | T | L | E |
| D | O | S | L | P | Q | E | C | F | Q | H | F | F | C | H | L | Y | I | A | H | B | L | X | S |
| Y | K | B | B | O | A | J | S | K | Z | R | O | F | W | R | M | Y | U | R | Y | J | A | D | A |
| K | C | W | K | R | C | Z | N | E | U | B | R | I | B | H | E | D | U | G | S | L | E | W | L |
| Y | R | T | T | T | Q | T | M | I | M | D | Z | K | H | S | Z | E | Y | U | N | S | H | K | T |
| U | H | P | F | S | V | A | T | I | Z | P | W | B | D | Z | S | X | N | C | A | V | Y | V | X |
| D | T | I | Q | P | L | S | J | Q | U | V | Q | V | V | C | R | E | V | S | C | C | M | K | D |
| S | N | O | I | T | A | Z | I | N | U | M | M | I | T | L | V | G | G | O | K | O | T | N | Y |
| M | O | O | L | T | I | C | L | O | F | L | U | D | B | T | P | X | W | G | S | R | U | W | U |

   BMI       Healthy you       Insect repellent       Helmets with sports       Healthy snacks       Reduce sugars       Decrease salt       Vegetables       Immunizations       Grains       Wear sunscreen       Fruits       Flu shots       Exercise       Drink water       Cholesterol       Proteins       Carbohydrates       Blood pressure       Biometrics