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| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

Ingredients for a smoothie

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  | 1  A | P | P | L | E | S |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  | 2  P |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  | 3  G | R | A | P | E | F | R | U | I | T |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  | A |  |  |  |  |  |  |  |
|  |  |  |  | 4  S | T | R | A | W | B | E | R | R | I | E | S |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  | 5  P |  |  | 6  B |  |  |  |  |
| 7  B |  |  |  |  |  |  | 8  Y |  |  |  | 9  G | R | A | P | E | S |  |  |  |
| A |  |  |  |  |  |  | O |  | 10  R |  |  | O |  |  | R |  |  |  | 11  M |
| N |  |  |  |  |  |  | G |  | H |  |  | T |  |  | R |  | 12  B |  | A |
| A |  |  |  |  |  | 13  C | U | C | U | M | B | E | R |  | 14  I | C | E |  | N |
| N |  |  | 15  K |  |  |  | R |  | B |  |  | I |  |  | E |  | R |  | G |
| A |  | 16  C | A | R | R | O | T |  | A |  |  | 17  N | U | T | S |  | R |  | O |
| S |  |  | L |  |  |  |  |  | R |  |  | P |  |  |  |  | I |  |  |
|  |  |  | E |  |  | 18  H | E | R | B | S |  | O |  | 19  H | O | N | E | Y |  |
|  |  |  |  |  |  |  |  |  |  |  |  | W |  |  |  |  | S |  |  |
|  |  |  |  |  |  |  |  |  | 20  S | E | E | D | S |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  | E |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  | 21  A | P | R | I | C | O | T |  |  |  |

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| **Across**  **1.** the round fruit of a tree of the rose family, which typically has thin green or red skin and crisp flesh.  **3.** large citrus fruit with a bitter yellow rind and inner skin and a highly flavored somewhat acid juicy pulp  **4.** a sweet soft red fruit with a seed-studded surface.  **9.** a berry (typically green, purple, or black) growing in clusters on a grapevine, eaten as fruit and used in making wine.  **13.** a long, green-skinned fruit with watery flesh, usually eaten raw in salads or pickled.  **14.** frozen water  **16.** a tapering orange-coloured root eaten as a vegetable  **17.** a fruit consisting of a hard or tough shell around an edible kernel.  **18.** any plant with leaves, seeds, or flowers used for flavouring food  **19.** a sweet, sticky yellowish-brown fluid made by bees  **20.** the unit of reproduction of a flowering plant, capable of developing into another such plant.  **21.** a juicy, soft fruit of an orange-yellow colour resembling a small peach | **Down**  **2.** a sweet yellowish- or brownish-green edible fruit which is narrow at the stalk and wider towards the base.  **5.** is a dietary supplement that is made from one or more of four basic sources of protein  **6.** a small roundish juicy fruit without a stone.  **7.** a long curved fruit which has soft pulpy flesh and yellow skin  **8.** a semi-solid sourish food prepared from milk fermented by added bacteria.  **10.** the thick reddish or green leaf stalks of a cultivated plant of the dock family, which are eaten as a fruit after cooking.  **11.** a fleshy, oval, yellowish-red tropical fruit which is eaten ripe or used green for pickles or chutneys.  **12.** a small roundish juicy fruit without a stone.  **15.** the round fruit of a tree of the rose family, which typically has thin green or red skin and crisp flesh. |