Joint crossward

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| **Across**  **5.** It is the bone beging with "t" that cinects to the ankle joint  **6.** Reduces friction between tendon and bone  **7.** Its a joint that begins with "c"  **9.** Encloses supports and holds the bones together  **10.** Connects musc!e to bone | **Down**  **1.** Lining inside the joint capsule  **2.** Lubricates teh joint and stops bones rubbing together  **3.** Tough but flexible tissue that acts as a buffer  **4.** Connects bone to bone  **8.** Begins with a "p" and is one of the bones in the knee joint |