|  |  |
| --- | --- |
| Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

Kids Yoga Find #1

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| D | C | M | W | R | V | H | **P** | K | D | W | J | W | Q | N | P | Y |
| G | P | N | C | Z | D | **S** | **R** | **A** | **G** | **A** | **P** | **E** | **F** | **L** | **O** | **W** |
| P | Q | G | J | B | **S** | **O** | **A** | X | Z | S | P | P | Z | S | Y | F |
| M | S | Y | W | **T** | **U** | **N** | **N** | E | X | N | K | V | Y | X | T | Y |
| **V** | R | U | L | **R** | **K** | **S** | **A** | E | E | C | G | T | F | R | Z | G |
| **I** | A | V | P | **E** | **H** | **A** | **Y** | X | **A** | **S** | **A** | **N** | **A** | A | Y | M |
| **N** | I | U | R | **E** | **A** | **L** | **A** | G | R | S | **E** | **A** | **G** | **L** | **E** | M |
| **Y** | D | O | Q | **P** | **S** | **U** | **M** | S | A | N | A | E | W | P | K | C |
| **A** | R | K | Q | **O** | **A** | **T** | **A** | I | **E** | **X** | **H** | **A** | **L** | **E** | G | R |
| **S** | J | U | O | **S** | **N** | **A** | Q | **W** | Z | K | T | R | E | P | G | Z |
| **A** | P | A | J | **E** | **A** | **T** | U | **A** | V | R | D | K | X | C | **I** | F |
| S | G | D | X | T | Z | **I** | R | **R** | G | M | I | V | R | Z | **N** | G |
| W | H | O | V | F | W | **O** | R | **R** | E | R | K | R | F | J | **H** | K |
| I | H | L | L | U | H | **N** | D | **I** | V | P | H | U | B | O | **A** | V |
| **C** | **A** | **T** | **C** | **O** | **W** | B | B | **O** | Z | W | T | W | J | J | **L** | R |
| T | O | X | G | P | G | T | K | **R** | R | F | V | I | O | M | **E** | C |
| G | B | L | D | F | L | Q | D | F | Y | I | I | P | J | N | Q | I |

   Agape Flow       Son salutation       Sukhasana       Exhale       Inhale       Pranayama       Vinyasa       CatCow       Eagle       Warrior       Tree Pose       Asana