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Kinesiology Anatomy Puzzle

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| **Across****4.** Bringing your thumb towards fingers is**11.** Moving a segment towards midline of body**14.** Joint classification according to motion allowing greatest amount of movement**15.** Straightening out your leg at the knee is an example of **16.** This plane cuts the body in front and back**17.** A depression in or on a bone is **18.** Holding a bowl of soup is an example of **19.** When your biceps curl at the elbow is an example of**20.** The ribs are \_\_ to the lungs **22.** invertebral discs are an example of a joint with this type of material allowing limited movement**24.** “Planting the foot”**25.** A front roll happens on this plane**26.** Bringing top of foot toward shin | **Down****1.** This joint moves along one axis and includes knee, elbow. **2.** The \_\_\_ axis is perpendicular to the transverse plane**3.** Circular motion of limbs**5.** The wrist and ankle bones are \_\_ bones**6.** This type of joint is biaxial where the bones are set together like sitting on a horse**7.** Cartwheels and jumping jacks occur around the \_\_\_ axis**8.** A figure skater spinning is rotating on the \_\_ axis**9.** Connects bone to bone**10.** The \_\_\_ axis passes through the body from side to side**12.** The ulna is \_\_\_ to the radius**13.** Elevation of lateral edge of foot**21.** Ankle sprains are most commonly caused by this type of movement**23.** This type of bone helps with shock absorption |