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Kinesiology Anatomy Puzzle

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| **Across**  **4.** Bringing your thumb towards fingers is  **11.** Moving a segment towards midline of body  **14.** Joint classification according to motion allowing greatest amount of movement  **15.** Straightening out your leg at the knee is an example of  **16.** This plane cuts the body in front and back  **17.** A depression in or on a bone is  **18.** Holding a bowl of soup is an example of  **19.** When your biceps curl at the elbow is an example of  **20.** The ribs are \_\_ to the lungs  **22.** invertebral discs are an example of a joint with this type of material allowing limited movement  **24.** “Planting the foot”  **25.** A front roll happens on this plane  **26.** Bringing top of foot toward shin | **Down**  **1.** This joint moves along one axis and includes knee, elbow.  **2.** The \_\_\_ axis is perpendicular to the transverse plane  **3.** Circular motion of limbs  **5.** The wrist and ankle bones are \_\_ bones  **6.** This type of joint is biaxial where the bones are set together like sitting on a horse  **7.** Cartwheels and jumping jacks occur around the \_\_\_ axis  **8.** A figure skater spinning is rotating on the \_\_ axis  **9.** Connects bone to bone  **10.** The \_\_\_ axis passes through the body from side to side  **12.** The ulna is \_\_\_ to the radius  **13.** Elevation of lateral edge of foot  **21.** Ankle sprains are most commonly caused by this type of movement  **23.** This type of bone helps with shock absorption |