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Knife Skills

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| **Across****6.** The green cutting board in Labs are used for cutting fruit and \_\_\_\_\_\_\_\_\_\_\_.**7.** To move the food under the blade while keeping the point of the blade firmly on the cutting board.**9.** To cut food into even-size cubes**10.** Sliced food cut into delicate sticks that are usually 1 inch to 3 inches long**11.** The color cutting board used in the labs for raw meat, poultry, and sea food | **Down****1.** The white cutting board in labs should be used for cutting \_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_ \_\_\_\_\_\_\_\_\_**2.** To chop food into very fine pieces**3.** A \_\_\_\_\_ should be firmly held with the base of the blade between the thumb and forefinger and the other fingers wrapped around the handle**4.** To remove the skin**5.** The \_\_\_\_ method is curling your fingers in order to avoid cutting finger tips while using a knife.**8.** Foods can also be peeled directly with a \_\_\_\_\_\_ knife. |