Kryžiažodis "Sveika mityba"

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| **Across**  **5.** Mėnuo kada būna Europos sveikos mitybos diena?  **7.** Vengtini produktai kurie yra mitybos piramidės viršuje?  **8.** Kalcio šaltinis?  **10.** Sveikiausia lapinė daržovė? | **Down**  **1.** Brangiausias žmogaus turtas?  **2.** Mūsų energijos pagrindinis šaltinis?  **3.** Didžiausią vit C kiekį turinti uoga?  **4.** Su maistu būtina gauti apie 40 maisto medžiagų, apie kokį sveikos mitybos principą kalbama?  **6.** Produktas, kuris kepamas iš miltų ir yra maisto piramidės apačioje?  **9.** Palankūs sveikatai maisto produktai, kuriuose mažiau cukraus, druskos ir žymimi ženklu "Rakto......."? |