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Life Cycle Nutrition

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| **Across****4.** measure the amount of energy value in foods**6.** bone,muscle,fat and tissue makes up the body weight**8.** loss of water**14.** diet that is popular for a short period of time**17.** Unborn baby**18.** Baby doctor**19.** number of daily saving for each of its food groups**21.** human growth from birth of maturity**22.** large repeated episodes of uncontrolled eating amounts of food**23.** thick yellowish fluid that will protect the body from infection**24.** enough energy in our body needs to stay alive  | **Down****1.** short-intense burst of burning energy**2.** gradual changes to your eating habits and activities**3.** the body cannot control blood sugar levels**5.** body to meet physical demands**7.** causes the heart rate to increase for at least 20 minutes**9.** a person starves themselves**10.** speeds a person's heart rate and breathing**11.** calculations to determine overweight or obesity**12.** Influence by same age group**13.** produce breast milk**15.** repeated binges to prevent weight gain**16.** eating behavior that harms one physically or mentally**20.** a reaction from the body's immune system protein enters |