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MENTAL HEALTH

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| **Across**  **2.** Feelings of severe despondency and dejection  **6.** The action of killing oneself intentionally  **7.** An unpleasant emotion caused by the threat of danger, pain or harm  **9.** World Health Organization  **10.** An illness that disrupts normal physical or mental functions  **11.** The state of being happy  **12.** The way in which one acts or conducts oneself, especially towards others | **Down**  **1.** A feeling of worry, nervousness, or unease about something with an uncertain outcome  **3.** A person's condition with regard to their psychological and emotional well-being.  **4.** The 10th of \_\_\_\_ is the World Mental Health Day  **5.** A strong feeling deriving from one's circumstances, mood or relationships with others  **8.** A state of mental or emotional strain or tension resulting from adverse or demanding circumstances |

   MENTAL HEALTH       DEPRESSION       ANXIETY       STRESS       SUICIDE       DISORDER       FEAR       BEHAVIOUR       WHO       OCTOBER       HAPPINESS       EMOTION