Mental Health Review

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| **Across**  **3.** A large social factor in decision making  **6.** A disorder which is caused by a previous traumatic experience  **7.** Always worrying that something adverse will happen if it's the slightest bit possible  **8.** A state of feeling prolonged unhappiness and worthlessness  **13.** A severe condition where someone has lost sense of reality from impaired thoughts and emotions  **14.** A classification of mental illness related to worry or overthinking | **Down**  **1.** Unhealthy behaviour; SIB  **2.** Using drugs or substances more than necessary or incorrectly  **4.** How someone values themself  **5.** A disorder in which someone eats notably less than is healthy  **9.** Five facets of health: physical, intellectual, etc.  **10.** Taking one's own life  **11.** A condition which causes obsession over every obscure detail  **12.** An intense, irrational fear |

   Anorexia       Peer Pressure       Psychosis       Self Esteem       Substance abuse       Anxiety       Depression       OCD       Phobia       PTSD       Self-harm       Suicide       Paranoia       PISES