Mental Health Review

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| **Across****3.** A large social factor in decision making**6.** A disorder which is caused by a previous traumatic experience**7.** Always worrying that something adverse will happen if it's the slightest bit possible**8.** A state of feeling prolonged unhappiness and worthlessness**13.** A severe condition where someone has lost sense of reality from impaired thoughts and emotions**14.** A classification of mental illness related to worry or overthinking | **Down****1.** Unhealthy behaviour; SIB**2.** Using drugs or substances more than necessary or incorrectly**4.** How someone values themself**5.** A disorder in which someone eats notably less than is healthy**9.** Five facets of health: physical, intellectual, etc.**10.** Taking one's own life**11.** A condition which causes obsession over every obscure detail**12.** An intense, irrational fear |

   Anorexia       Peer Pressure       Psychosis       Self Esteem       Substance abuse       Anxiety       Depression       OCD       Phobia       PTSD       Self-harm       Suicide       Paranoia       PISES