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Mental and Emotional Health Crossword Puzzle

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| **Across**  **2.** treatment for OCD  **4.** an anxiety disorder in which people have unwanted and repeated thoughts, feelings, ideas, sensations (obsessions), or behaviors  **8.** a feeling of worry, nervousness, or unease, typically about an imminent event or something with an uncertain outcome  **9.** mark of disgrace associated with a particular circumstance, quality, or person  **11.** a state of mental or emotional strain or tension resulting from adverse or very demanding circumstances  **12.** a common mental illness defined by feelings of uneasiness, worry and fear | **Down**  **1.** example of a symptom of OCD  **3.** condition or quality of being sad  **5.** the intentional act of attempting to kill one's self  **6.** feelings of severe despondency and dejection  **7.** cause of OCD  **10.** disorder that develops in some people who have experienced a shocking, scary, or dangerous event |