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Mental and Emotional Health Crossword Puzzle

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| **Across****2.** treatment for OCD**4.** an anxiety disorder in which people have unwanted and repeated thoughts, feelings, ideas, sensations (obsessions), or behaviors**8.** a feeling of worry, nervousness, or unease, typically about an imminent event or something with an uncertain outcome**9.** mark of disgrace associated with a particular circumstance, quality, or person**11.** a state of mental or emotional strain or tension resulting from adverse or very demanding circumstances**12.** a common mental illness defined by feelings of uneasiness, worry and fear | **Down****1.** example of a symptom of OCD**3.** condition or quality of being sad**5.** the intentional act of attempting to kill one's self**6.** feelings of severe despondency and dejection**7.** cause of OCD**10.** disorder that develops in some people who have experienced a shocking, scary, or dangerous event |