Mental and Emotional Health Terminology

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| **Across****3.** Reaction that triggers a bodily or physical response to a stimulus**5.** A mark of disgrace associated with a particular circumstance**6.** A nervous disorder with excessive uneasiness**9.** Lack of interest, enthusiasm, or concern**13.** Confidence in one's own worth**16.** The ability to do something successfully or efficiently**17.** A external stimulus or event that causes stress to a organism**18.** The expression of deep sorrow for someone who has died**19.** The state of being isolated from a group**20.** Psychological stress that is beneficial for the experiencer**21.** The friendly and generous reception of strangers**23.** The realization of one's talents and potentialities**24.** The mental and moral qualities distinctive to an individual | **Down****1.** The act or process of closing something**2.** Advice that is useful and intended to help or improve something**4.** The ability to understand and share the feelings of another**7.** Deep sorrow**8.** Feelings of severe despondency and dejection**10.** The capacity to recover quickly from difficulties**11.** The quality of being honest and having strong moral principles**12.** The ability to become aware of something by senses**14.** A person looked to by others**15.** Extreme anxiety, sorrow, or pain**22.** Feelings of pity for someone else's misfortune |