Mental and Emotional Health Terminology

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| **Across**  **3.** Reaction that triggers a bodily or physical response to a stimulus  **5.** A mark of disgrace associated with a particular circumstance  **6.** A nervous disorder with excessive uneasiness  **9.** Lack of interest, enthusiasm, or concern  **13.** Confidence in one's own worth  **16.** The ability to do something successfully or efficiently  **17.** A external stimulus or event that causes stress to a organism  **18.** The expression of deep sorrow for someone who has died  **19.** The state of being isolated from a group  **20.** Psychological stress that is beneficial for the experiencer  **21.** The friendly and generous reception of strangers  **23.** The realization of one's talents and potentialities  **24.** The mental and moral qualities distinctive to an individual | **Down**  **1.** The act or process of closing something  **2.** Advice that is useful and intended to help or improve something  **4.** The ability to understand and share the feelings of another  **7.** Deep sorrow  **8.** Feelings of severe despondency and dejection  **10.** The capacity to recover quickly from difficulties  **11.** The quality of being honest and having strong moral principles  **12.** The ability to become aware of something by senses  **14.** A person looked to by others  **15.** Extreme anxiety, sorrow, or pain  **22.** Feelings of pity for someone else's misfortune |