Mental and Emotional Health Terminology

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| **Across**  **2.** mental and moral qualities of a person  **7.** capacity to recover quickly  **8.** understand and share the feelings of another  **15.** extreme anxiety, sorrow, or pain  **16.** being judged  **17.** being honest and having strong moral principles  **18.** sadness over death  **19.** lack of intrest  **20.** normal mental stress that is beneficial for person  **22.** ability to do something successfully  **23.** mark of disgrace  **24.** how you view something | **Down**  **1.** a person to look up to  **3.** realization of ones potential  **4.** serving a useful purpose  **5.** physical pain from a mental issue  **6.** feeling sad or upset constantly  **9.** how yo view yourself  **10.** being aggressive toward someone  **11.** Stress and nervousness  **12.** bring a situation to an end  **13.** deep sorrow for someone that died  **14.** feelings of pity and sorrow for someone else's misfortune  **21.** something that causes stress |