Mental and Emotional Health Terminology

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| **Across****2.** mental and moral qualities of a person**7.** capacity to recover quickly**8.** understand and share the feelings of another**15.** extreme anxiety, sorrow, or pain**16.** being judged**17.** being honest and having strong moral principles**18.** sadness over death**19.** lack of intrest**20.** normal mental stress that is beneficial for person**22.** ability to do something successfully**23.** mark of disgrace**24.** how you view something | **Down****1.** a person to look up to**3.** realization of ones potential**4.** serving a useful purpose**5.** physical pain from a mental issue**6.** feeling sad or upset constantly**9.** how yo view yourself**10.** being aggressive toward someone**11.** Stress and nervousness**12.** bring a situation to an end**13.** deep sorrow for someone that died**14.** feelings of pity and sorrow for someone else's misfortune**21.** something that causes stress |